PRESIDENT’S MESSAGE
Hello almost Spring! After the hustle and bustle of the Christmas season we had 2 months of re-group time—now we prepare for Easter during the Lenten season. Whether you give something up or chose to do something to focus on God—the result/goal is the same—to enrich our relationship with God. One of best things we can do is share our experience with others. It becomes easier and easier the closer we grow to God—it literally oozes out of us—mostly by example!
Enclosed in this issue is the application for Quiet Disciple. Please put some thought into who is the person(s) working in the background and nominate them to be a quiet disciple. Also register for our Quiet Disciple celebration. It will be at First Church of Whittier this year.
You should be getting your directory soon. Please let me know if you do not receive one within a month. Your liaison officer will have them.
The next conference celebration is the luncheon at conference sessions in Redlands June 15th. Please Join us! July is Mission u at Azusa Pacific this year.
Take care and strive to keep your Lent resolutions!
Blessings,
Sharon Shellman
sks33@aol.com
President
Note from your Vice President Message:

Greetings UMW Sisters,

We welcomed the new year with a great turnout at our East District UMW Local Leadership Training. **Thank you:** to all the ladies (officers) who attended and participated; to Redlands UMW and UMC for opening their doors and hearts—what amazing hospitality; to our speaker, Rev. Krista Givens who “connected” with her audience with her incredible speech and showed us the importance of listening and speaking and reaching out and being involved in missions; to the incredible local organizations and ladies who were awarded special recognitions.

We just recently attended the Conference Mid-Winter Event and listened to the important message of Climate Justice by Rev. Dr. Deb Shepherd-Webster who expertly showed and informed us about the conditions of the earth and how we can do our part as being good stewards of this earth which God created for us. Our ladies walked and meditated through the Labyrinth and gave pause and prayed about the 4 priority issues: Climate Justice, Maternal and Health Care, Economic Inequality, and Criminalization of Communities of Color. (Thank you to the East District Leadership Team who created those posters.) May UMW continue to make our voices heard to make a difference to all those important issues. May our **Legacy** continue on as we celebrate our 150th Anniversary, this year, 2019!!! **Happy 150th Anniversary** United Methodist Women!

**The Quiet Disciple Event – April 27, 2019**

Our next big event for the East District UMW is the **Quiet Disciple Event** to be held on April 27, 2019 at Whittier First UMC, 13222 Bailey St., Whittier, CA 90603 (please see attached flyer).

"**May the Lord now show you kindness and faithfulness, and I too will show you the same favor because you have done this.**" (2 Samuel 2:6) The essence of this verse, to me, is “kindness begets kindness” which leads to the “quiet disciple.” We all know of those quiet disciples around us—those special persons who do countless tasks behind the scenes, doing things out of kindness, thoughtfulness...just because something needs to be done, sometimes without having to be asked (i.e., cleaning up the kitchen, teaching classes, arranging flowers, etc.) ...behind the scenes, quietly, naturally. Well, Ladies, we want to shine a light on those individuals (she or he) and let them know how much we appreciate them. Because their kindness inspires us to also pass on that kindness. Please nominate an individual or two (maximum) from your church that deserves that recognition. Attached is a “Quiet Disciple” Nomination Form where you fill out the name(s) and a brief description of what they do and return it to me, Julie Asuncion, as noted. Please send in those forms and see you on April 27.

Peace and blessings,

Julie Asuncion

juleton@sbcglobal.net

UMW East District Vice President
EAST DISTRICT UNITED METHODIST WOMEN

“QUIET DISCIPLE EVENT”

Guest Speaker
(TBA)

Saturday, April 27, 2019
8:30 am – 1:30 pm
(8:30-9:00 am) Registration)

WHITTIER FIRST UMC
13222 Bailey St., Whittier, CA 90601-4305

Registration fee: $15  Registration deadline: April 20, 2019
($20 if postmarked after registration deadline)
***Make checks payable to: East District UMW***
Send to Registrar: Liz Roark, 695 Sequoia St., San Bernardino, CA 92407
Questions call: 909-227-6919, e-mail: lizumc94@gmail.com

Name ___________________________ Phone __________________ E-mail ______________
Address __________________________ City __________________ ST __ Zip __________
Local Church Name ___________________________ __________________________
Childcare needed? Y ___ N ___
Parents are responsible for bringing sack lunch for each child. YES ___ How many children? ______
Accessibility: Do you need assistance? Parking___
Stairs____ Other __________________________
Dietary needs: YES ___ Type __________________________
Gluten-free? ______
East District United Methodist Women
“Quiet Disciple” Nomination Form
Please nominate a maximum of two

Saturday - April 27, 2019

Name:

__________________________________________________________

Please print

Address: __________________________________ City ___________ Zip ______

E-mail: ______________________________ Phone __________________________

Name of Church: ______________________________________________________

Briefly describe the ministry of the recipient:

____________________________________________________________________

____________________________________________________________________

____________________________________________________________________

____________________________________________________________________

____________________________________________________________________

____________________________________________________________________

____________________________________________________________________

____________________________________________________________________

____________________________________________________________________

____________________________________________________________________

____________________________________________________________________

____________________________________________________________________

____________________________________________________________________

____________________________________________________________________

____________________________________________________________________

____________________________________________________________________

____________________________________________________________________

____________________________________________________________________

____________________________________________________________________

____________________________________________________________________

____________________________________________________________________

Attach another sheet if necessary Picture attached (optional)_______

Submitted by: __________________________________ Phone ______________

Prefer write-up to be read by (choose one):

_____ Person submitting write-up

_____ Someone else from same church

_____ District Leadership Team Officer
Dear UMW Sisters,

Our Local Leadership Training was held on January 19, 2019 at Redlands First UMC. East District pledge for 2018 was $90,000.00 and we sent $80,180.11 falling short to meet our pledge. For 2019 our pledge is $85,000.00 and we look forward to meet the pledge this year.

During the program 5 Star and/or 60/40 certificates were presented to local organizations. Congratulation to the following UMW organization that received certificates for 2018:

**5 Stars and 60/40 Certificates**

Chino                              Claremont
Corona                             First Filipino American UMW of San Gabriel
New Beginnings                     Palm Springs
Shepherd of the Valley Indio       Twenty-Nine Palms
Whittier First                     Wrightwood
Yorba Linda                        Yucca Valley

**5 Stars Certificates**

Alhambra                           Banning
Barstow                             Church of the Good Shepherd
First San Gabriel                   Fullerton
Glendora                           Grace
La Mirada                          Redlands First
Rialto                             Riverside First
Shepherd of the Hills MP           Trinity of the Inland Empire
Upland First                       Victorville
Walnut                             Wesley Riverside

**60/40 Certificates**

Church of the Foothills            Redland University
Yucca Valley

Certificates were mailed to the organization that were not able to attend the event.

Do you know which mission are National Missions? If you answered, Neighborhood House (Calexico), Toberman Neighborhood Center (San Pedro), David and Margaret (La Verne), and Susannah Wesley Community Center (Hawaii) you are correct. In addition, Cal Pac Conference also supports two Local Projects which are Methodist Hospital (Arcadia) and New Entra Casa (San Diego). Monies for these Missions (National Mission and Local Projects) should be sent to the District Treasurer. Any other missions are considered as Local Mission and you should send monies directly to the mission that was selected.

Looking for a wonderful year to serve each local organization.

Blessings,
Freda Low
freda.umweast@gmail.com
Secretary
It was good to see so many women attend officers training in Redlands. The secretaries who were there for training were an awesome bunch to work with and hopefully I was able to answer most of their questions and make their job easier. I am always here to answer any questions any officer may have, you don't have to be a secretary, so feel free to contact me at 760-898-9815. I always make new friends and learn new things at a UMW event so I want to encourage everyone to attend the East District's Quiet Disciple Event on Saturday April 27th so I can meet you. Just come up and say Hi! Remember, UMW has been working in mission for 150 years this month, and if we continue to work together we will be doing great things for another 150. We can all do great things if we put God first and ask for his help.

Blessings!
Margie Schriener
margieschriener@yahoo.com

Resources Room Manager aka Reading Resource Coordinator

Year 2019 has begun smoothly for our East District. Training of local organization officers in Redlands was very productive. Our Reading Resources representatives had a very lively discussion of our goals and activities for the year. 6 churches were represented at the group. Meanwhile, the District had 59 readers for 2018. 53 were given certificates while 6 were mailed later! Let us beat this number this year! If you have not started yet, try 5 books for Plan 1! Others who had been participating may go for Plan 2 (10 books) or Plan 3 (15 books) or Plan 4 (20 books). You may purchase books through Amazon. The titles for years 2016-19 are in our UMW site!

Happy Reading!
Aurora/Auring Garcia
babybulagat@hotmail.com

Membership

The deadline for National UMW Census is March 30. PLEASE, local organizations, make sure that you have registered your unit online. If you need assistance, please contact me at my e-mail or call me at my number below.

There are only 15 local UMW units listed on our conference membership lists so far. Last year there was only 8.

Blessings,
Melinda Songco
damelin23@yahoo.com, 626-552-6332
SPIRITUAL GROWTH

Psalm 5:3 (NIV) “In the morning, LORD, you hear my voice; in the morning I lay my requests before you and wait expectantly.”

Building Up The Legacy
We are celebrating 150 years of the service and fellowship of the women in our churches. In doing so we reflect back on the many accomplishments of the women who came before us. The hospitals, child care centers, foster centers, and much more. We also look forward in training those who will follow us in leadership. Those young women participating in Limitless, and those young children in Sunday School, and those tiny toys in preschools. For it will be up to them to carry forward the work we do now, and add good works we have not yet tackled. To carry forward the love of the Holy Spirit. To carry forward the life in Christ, the life of our United Methodist Women.

Much as Christianity was built by men and women, with common beliefs and common goals, in spite of cultural and language differences. It has become a worldwide phenomenon, a community of faith. The Organization of the United Methodist Women as a whole has become a powerful entity whose goal is to lift up out of poverty, and suppression women and children to become strong in health and spirit: to grow in the Lord Jesus, then turn around as they gain strength and help others in need. None of us are perfect. We all have trials to face. We shall continue to pray for help and healings. We shall continue in thankfulness to praise Him for all the answered prayers. We shall continue to work in The Lord’s Name for as long as there is need.

Amen.

Beth Mckibben
bethmckibben@gmail.com
Spiritual Growth.

Limitless
Hello East District! 2019 for East District Limitless started off as being all about change. We started this year off with changing our leadership. We now have a Mentor and Young Women’s Coordinator only dropping the College and High School Representatives, and now allowing young women to join as Limitless team members. Our ED Mentor is Taufa Tenisi and ED Young Women’s Coordinator is Elenoa Tukunga. While our East District Limitless team is involved with all the East District UMW events, we are also planning a Cal-Pac Conference Limitless event with all the other district Limitless teams. This project is one of our biggest projects yet as the Cal-Pac Conference Limitless. It is a free event named “Power of Limitless” and it will be held on Friday July 26th, 2019, right before Mission U. We extend our open invitation to you all East District UMW and ask that you also spread the word to young women who you believe Limitless will have a great impact on. Right now, this event is our priority as East District Limitless. Our main goal is to expand Limitless and continue our mission in God’s works.

Elenoa Tukunga
evtukunga@gmail.com
Income Inequality

Forty percent of Americans cannot come up with $400 for an emergency. We see evidence of this on television as furloughed government workers discuss their inability to buy food, pay their rent, or receive care for their sick children. How did this happen? How did that bastion of middle-class stability, the government job, become a position where federal workers could not weather even one month’s lack of pay?

Ownership of this nation’s wealth has gradually been skewed towards those who already have wealth. Lobbying and campaign contributions have resulted in laws tilting to the favor of those who have great wealth, allowing them to amass even greater wealth. Today one percent of America owns the same share of this nation’s wealth as 90% of America (according to the New York Times). To put this in historical perspective, in 1929, just prior to the Great Depression, one percent of America owned as much wealth as the bottom 42% of America.

I recently saw a Facebook meme, and I kept it because it made the situation clear in a way that numbers and statistics fail to do. The story was shared by Amy Renee Wasney.

While watching A Christmas Carol tonight, my attention was caught by Bob Cratchit’s salary. He makes “15 bob a week.” I got curious and looked into inflation and conversion to American money, and if A Christmas Carol happened this year, Bob Cratchit would be making $27,574 per year in American money. If someone works 40 hours a week at the current federal minimum wage, they’ll make $15,080. So Bob Cratchit, the epitome of poverty, makes $12,494 more than minimum wage workers (full time) each year.

Income inequality is one of four United Methodist Women 2016-2020 priorities. We will push for the adoption of legislation that builds the base for a living wage in at least 25 states and municipalities by 2022. You can read more about UMW’s stand on income inequality at https://www.unitedmethodistwomen.org/economic-inequality.

About once a month, I share information about actions United Methodist Women are involved with. These might be petitions for unit members to sign asking a corporation to comply with environmental issues or may simply be an update on an item for which we previously asked for help. If you coordinate social action for your unit, please send me an email so I can add you to future mailings. We are the largest faith-based women’s group in the nation, and together we can make a difference.

Lyn Knowles,
daselwonk@aol.com
Greetings from your Nominations Chair:

We are starting our work for the 2019 year. We are mostly a committee of new members to Nominations on the East District. We are interviewing all the officers to get to know each one. There are a few officers that have completed their time in the position they hold now. We will be looking for new persons to fill those positions. With that being said, there is a “Gifts & Graces Inventory” in the newsletter. Please fill it out and send it to me. It can be for yourself or someone else that you see with potential to be in leadership. That is how I became involved in the UMW beyond the local level, a friend say potential in me asked me to be involved on the conference level. So, be on the lookout for new leadership. It can be found everywhere if you are looking for it.

Hi, my name is Elizabeth “Liz” Barrett Roark. I am your new East District UMW Nominations Chair person. I have been asked to do a bio on myself – so here we go.

I have grown up in the Methodist and United Methodist Church. I am a “TO”/”PK” (theological offspring/preacher’s kid). My mom would drag me and my brother to Guild meetings of the WSCS and then to UMWW meetings. My parents have been study leaders at Mission Possible and School of Christian Mission (for runners of Mission U). I was never able to go for many reasons.

After my family moved to the San Bernardino area and found a new church, I was asked if I wanted to attend a School of Christian Mission in San Diego. I jumped at the chance and was very impressed with all that went on and what I learned.

While at this school, I caught the eye of a longtime friend of my mother through UMW. I, one day, got a call from my friend, Lucille, asking me to pray about being on the Conference UMW Nominations committee. I was surprised and didn’t know what to say at first. Then I started with excuses as to why I couldn’t do this. I finally saw, with some help from Lucille, that they were just little excuses and not a real reasons for not considering this opportunity. So I finally asked her why the committee had considered me. She simply said, “we see the potential that you have. You are young, you know many people of the conference, and you see people’s gifts and graces.” She said that there is training and the other members will mentor me. So I finally said “yes”.

I have been on the Conference UMW Nominations committee for 4 years. Two of the four years was as chairperson. I have been registrar for the School of Christian Mission, Dean and Assistant Dean for the schools. I have enjoyed my time on the conference and treasure the friendships I have made.

I am married to a wonderful man named Bert. I have 3 beautiful children & spouses, Matt & Candice Roark, Truman & Cecilia Barrett, and Mikhayla Roark. I have 3 beautiful grandchildren. I am the church secretary at University UMC, Redlands for 22 years. I am a member of the newly formed New Beginnings UMC of San Bernardino. I am a Certified Lay Servant, active in the Inland Empire Cluster of the San Bernardino Mission Area. I love to quilt, cook, and do CrossFit.

Don’t be afraid to ask someone to join you to a UMW function or church. You never know what may happen.

Respectfully submitted,
Liz Roark
lizumc94@gmail.com
Communication
Are you missing your East District Newsletter? If so or if you know of a UMW sister that is not receiving our district newsletter, PLEASE let me know! This is your connection to the district we want to hear from you. If you have events to share please contact me.

Blessings,
Francesca Moore Miller-
eastdistrictumwnewsletter@gmail.com

East District Leadership Team
President- Sharon Shellman  
(626)825-6436, sks33@aol.com
Vice President- Julie Asuncion  
(626) 447-8456, juleton@sbcglobal.net
Secretary- Margie Schriener  
760)772-7475h margieschriener@yahoo.com
Treasurer- Freda Low  
(626)572-7540 freda.umweast@gmail.com
Coord. Spiritual Growth- Elizabeth McKibben  
(323) 313-4158, bethmckibben@gmail.com Coord.
Social Action- Carlyn Knowles  
(951) 737-3541, daselwonk@aol.com
Mission Education Coord.- Barbara Grode- (760) 954-8030, grodeconsulting@msn.com
Membership Coordinator- Melinda Songco- (626)552-6332 damelin23@yahoo.com
Communications Coord.- Francesca Moore Miller (951)218-2629, eastdistrictumwnewsletter@gmail.com
Resource Room Manager- Aurora Garcia  
(626) 524-2841, babybulagat@hotmail.com
Spanish Language
Coord. Ana Ortiz  
(909) 615-5524 cell anaisaortiz@verizon.net

Committee on Nominations Chair-  
Liz Roark  
909) 227-6919, lizumc94@gmail.com
Annie Solomon- Class of 2019  
(760) 221-6650, annsolo1029@netscape.net
Sandy Harris- Class of 2020  
(626) 201-6491, sandreella01@live.com
Paulette Bruggeman- Class of 2020  
(951) 956-0987, paulettebr@gmail.com

Limitless Mentor- Taufa Tenisi  
951 858-9676, 909 763-2773, klctenisi@gmail.com

Limitless Young Women’s Coord-  
Elenoa Tukunga  
909 648-0389, evtukunga@gmail.com

Purpose
United Methodist Women shall be a community of women whose purpose is to know God and to experience freedom as whole persons through Jesus Christ; to develop a creative, supportive fellowship; and to expand concepts of mission through participation in the global ministries of the church.

April 27, 2019- East District Spiritual Growth Retreat/Quiet Disciple  
June 1, 2019- East District Leadership Team Meeting- Riverside 1st- 9:00am  
June 12-15, 2019- Cal-Pac Annual Conference (UMW Luncheon on Saturday June 15th)  
Limitless Event for all UMW members 9:00am-2:00pm on the 26th  
August 3-2019 - East District Leadership Team Meeting- University UMC of Redlands  
September 21, 2019- East District Annual Celebration- Location and time TBD  
October 25, 2019 Dlite Training- Location TBD  
October 26, 2019- Cal-Pac Conference UMW Annual Meeting- Location and Time TBD  
November 23, 2019- East District Leadership Team Meeting- Riverside First
In response to a request by the President of the Glendora UMw, Ann Avalos, for some assistance in reviving a Book Club/Circle... Julie Asuncion (East District UMw Vice President) conducted a Circle Workshop, along with Aurora Garcia (East District UMw Resource Mgr) on March 2, 2019 at Glendora UMC. We had quite a productive day that included Prayers, Hymn, and the business of creating a Book Circle/Club. We identified our objective and then listed the steps on how to create one. These awesome ladies were so savvy with their ideas, from data gathering, to marketing, to invitation, the mechanics, and so forth. In addition, we also touched upon other types of UMw circles that are functioning successfully and are full of mission. Thank you, Glendora UMw, for your interest, commitment, warmth and hospitality. Surely, God was in our presence and guided us. If your Local Organization would like to have a similar type of circle workshop, please contact Julie Asuncion, juleton@sbcglobal.net and/or call at 626-862-2756.
East District UMW - Celebrating 150 years – March 23, 2019
East District UMW Leadership Team had a Happy 150th Birthday Party to celebrate UMW being in mission for all those years. We honor those bold and courageous women that have worked and served before us and have left us such a remarkable Legacy. We look forward to continue being in mission for generations to come. Thank You United Methodist Women for your service!!

Local organizations – please send us your pictures on how you celebrated the 150th year in mission so we can share it on our next East Winds Newsletter. Email to juleton@sbcglobal.net.