Mark Your Calendar

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sat Aug 24</td>
<td>11:30am-3pm - Set-up @ 10:30am Cal-Pac UMW Methodist Hospital Fundraiser Fashion Show/High Tea Location: Glendale First UMC</td>
</tr>
<tr>
<td>Fri Aug 30</td>
<td>ND UMW Quiet Disciple Forms due</td>
</tr>
<tr>
<td>Sat Sep 21</td>
<td>10am-2pm ND UMW Annual Celebration &amp; Meeting, Location: 1st UMC of Reseda</td>
</tr>
<tr>
<td>Mon Sep 23</td>
<td>10:30am Methodist Hospital Women’s Auxiliary Meeting Location: Vance Auditorium</td>
</tr>
<tr>
<td>Tues Oct 1</td>
<td>Cal-Pac UMW Candle of Commitment Forms due</td>
</tr>
<tr>
<td>Fri-Sat Oct 25-26</td>
<td>Cal-Pac UMW D’LTE &amp; Annual Celebration Claremont UMC</td>
</tr>
<tr>
<td>Tues Dec 10</td>
<td>ND UMW Treasurer’s End-of-year Remittance Forms due</td>
</tr>
<tr>
<td>Fri Dec 20</td>
<td>UMW Western Jurisdiction Scholarships due</td>
</tr>
<tr>
<td>Fri-Sun Apr 17-19</td>
<td>2020 UMW Western Jurisdiction Quadrennial, Tempe, Arizona</td>
</tr>
</tbody>
</table>
President’s Notes

United Methodist Women start the beginning of our new program year in September. Also, we will elect new Officers and some of the District Officers who have served for many years will be retiring or taking a break.

I want to take time to thank Donna Wood who has served in the Santa Barbara District, and now, the North District. She has worn many hats during her tenure on the District team and, has been the Membership Chair since 2015. In addition, she has been the local president of Lompoc United Methodist Women.

Lisa Kadowaki has done a great job as the Communications Coordinator for the last four years. She is a member of Camarillo United Methodist Women and their Treasurer. She is also Chair of her Deborah Fellowship.

Kudos to Donna and Lisa.

At Mission u, I learned about Women United for Change: 150 Years in Mission. This is what struck me as how bold and courageous they were. We read the story of one woman who put her name in the offering plate as an offering to God. They saw a need and said, “Send me.” When a woman went to foreign lands or began a local home mission, she did not know what would happen. Many times, the woman in mission would arrive in a foreign land, or a new neighborhood without knowing what would happen when she arrived. She would start with one patient, or one student, or one person that she helped. Then, women actively invited others to participate and to expand the circle.

As members of United Methodist Women, we still have the choice to step into the unknown, take on challenges, either by raising money for mission work, taking action by working with our communities to make a better world for women, children and youth; or go off to foreign lands either as missionaries, deaconesses, or by stepping up in service at our local churches, in our district, conference or on a national level.

We created the Charter for Racial Justice and implemented its policies! We worked through service in our communities, changing policies and at the state level, and even through the United Nations! We raised money to sponsor social research. We persisted!

In the past, our sisters pushed for representation in local churches and as delegates to Annual Conferences. Then, we pushed until women entered the ministry. As Harriett Jane Olsen said at Assembly in 2018, "there is more work to be done." Women make up a small percentage of people in leadership roles in the United Methodist Church. We need to claim those leadership roles in our churches and our communities. Yes, we may be anxious about the future of the United Methodist Church. We have weathered those storms before and come out on the other side. We can help shape the future for ourselves and our children.

We have leadership skills that can be used. We have young women to develop as leaders.

What are you going to do with the skills that you have learned by being a member of United Methodist Women?

Share our lives. Expand the Circle and wade in the water.

Amybeth Lake, President
21031 Parthenia St, Unit 332
Canoga Park, CA  91304
Amybeth L@yahoo.com
818-428-8461
Dear UMW friends,

We are coming from a special Mission experience with a view to radical discipleship! If you attended any of the three classes, then it is likely that you know what I mean. I hope that those of you who did not attend will be able to hear and see some of the inspiration that we caught from our studies and shared experiences.

Our North District Annual Celebration and Installation of Officers will be here before we know it! There are offices that still need to be filled; see the Slate of Officers List on Pgs 12-14a. Please consider joining this devoted leadership team and contributing as we move forward to serve the Lord and fulfill Our Purpose. Ruth and I are pleased to announce that the North District Annual Celebration will be held, Saturday, September 21, 2019 at FUMC of Reseda with our own Cal-Pac United Methodist Women Vice President, Young Mae Kim of Holliston UMC as our featured speaker. We have seen the caring and insightful leadership of Young Mae and look forward to hearing her message of inspiration. Invite your friends to come and learn more and enjoy the special fellowship of United Methodist Women. Annual Celebration Registration Form is on Pg 6.

If you can stay in our ‘neighborhood’ for the weekend, please consider attending the Methodist Hospital Annual General Meeting, 10:30am on Monday, September 23, 2019 - Mark your calendars! Talk to your friends about making your reservations and carpooling to this award-winning Methodist Hospital that the United Methodist Women founded in 1903! Alisa Rock, Director of the Cardiovascular Service Line and Clinical Research at Methodist Hospital will be the featured speaker at 10:30am in Vance Auditorium. MH General Meeting Registration is on Pg 4. These September gatherings are a fine opportunity to hear how the Methodist Hospital brings holistic health support to its patients and the community around it. That is why the Cal-Pac United Methodist Women wish to fulfill their pledge to the new Rehab Unit.

Ruth and I, as well as the rest of the North District board are happy to be available to you as resources.

Whatever you do, work at it with all your heart, as working for the Lord, not for human masters, since you know that you will receive an inheritance from the Lord as a reward. It is the Lord Christ you are serving.

Colossians 3.23-24

Ruth Dempsey, Co-Vice President
1130 Wilson Dr, Simi Valley, CA  93065
sewinforfun@icloud.com
805-501-5874

Rosalie Niemann, Co-Vice President
4618 Lasheart Dr, La Canada, CA  91011
niemann007@sbcglobal.net
818-790-7868
METHODIST HOSPITAL WOMEN’S AUXILIARY
General Meeting
YOU ARE INVITED!

Alisa Rock, Director of the Cardiovascular Service Line and Clinical Research at Methodist Hospital will be the featured speaker at the Annual General Meeting of the Women’s Auxiliary of Methodist Hospital. She is an advanced practice provider who can describe how she uses clinical and nursing oversight to promote best practices in cardiovascular health and other areas.

Lunch and a tour of the Healing Garden will be offered afterward. Please fill out the Registration Form below and include your check for $8.00 each. Please invite UMW friends or other friends for this enjoyable morning and early afternoon. Feel welcome to bring new stuffed animals (8-10 inches long) as donations to the Spiritual Care Program, which distributes them to patients.

Rosalie Niemann
Auxiliary Vice President

- MARK YOUR CALENDAR -
AUXILIARY GENERAL MEETING—MONDAY, SEPTEMBER 23, 2019 at 10:30am
IN VANCE AUDITORIUM, METHODIST HOSPITAL
300 W. Huntington Dr., Arcadia, CA 91007

For those interested, an optional hospital tour will be given at 1:00pm after lunch. Please indicate your interest when you register below.

+------------------------------------------------------------------+
METHODOIST HOSPITAL GENERAL MEETING, LUNCH and optional tour on September 23, 2019.

Please send in by September 16, 2019 to: Methodist Hospital Women’s Auxiliary, Attn: Gift Shop, 300 W. Huntington Drive, Arcadia, CA 91007.

Checks payable to: M. H. Women’s Auxiliary

Names:_______________________________________________________________________________
Church_______________________________________________________________________________

Lunch $8.00 EACH. Amount Enclosed: ____________________________________________________

I/we would like to go on the tour. Please indicate the number of people: _________________________
North District United Methodist Women

Annual Celebration

Recognizing our Quiet Disciples

Saturday, September 21, 2019

at

First United Methodist Church of Reseda
18120 Saticoy Street, Reseda, CA 91335

Carrying On Our Legacy

Registration: 9:30am
Program: 10:00am-2:00pm

For info, contact VPs:
Ruth Dempsey 805-501-5874
Rosalie Niemann 818-517-2788

ND UMW Legacy Celebration
Lompoc UMW Legacy Celebration
Registration Form

North District United Methodist Women
Annual Celebration

Saturday, September 21, 2019

Carrying On Our Legacy

Registration: 9:30 am
Program: 10:00 am—2:00 pm
Morning Snack and Lunch Included
Location: First UMC of Reseda
18120 Saticoy Street, Reseda, CA 91335

Please Type or clearly Print Name

1. ____________________________________________
2. ____________________________________________
3. ____________________________________________
4. ____________________________________________
5. ____________________________________________
6. ____________________________________________

Each Local Organization is allowed two voting delegates. Please asterisk the names of the two individuals who will be designated.

Registration is $15.00 per person

Return this registration form and payment to:
Alva Mayo, Registrar/Treasurer
2380 Vista Laguna Terrace
Pasadena, CA 91103

Any questions, contact Alva Mayo at:
Home: 626-791-1978, alvamay@aol.com

Make checks payable to: North District United Methodist Women

Church: ___________________________ City: ______________________ President: ______________________

Total No. Attending: _________ Total Remittance: ______________ Check No.: ______________

Special dietary restrictions: (Vegetarian, Food Allergies, Etc.) Name of Person: ______________________

Child Care: ___ Yes ___ No  Number of Children ________ (Bring food, diapers, toys, etc.)
Who Is Your Quiet Disciple?

At the North District United Methodist Women’s Annual Celebration on Saturday, September 21, 2019, we honor the person who is presented to the District as the Quiet Disciple from your UMW. They are the person who can always be counted on to help no matter what. You will find them working faithfully and without fanfare in their Local Organization and church.

Note: Please submit one honoree per Local Organization.

Local Organization: ____________________________________________________________

Contact: ____________________________

Mailing Address: ____________________________________________________________

City, State & Zip Code: ______________________________________________________

E-mail address: ______________________________________________________________

Telephone Number: __________________________________________________________

In recognition of exemplary service to our Local Organization, we wish to submit the following person to be honored at the North District UMW Annual Celebration.

Honoree’s Name: ____________________________________________________________

Honoree’s Mailing Address: __________________________________________________

City, State & Zip Code: ______________________________________________________

E-mail Address: ______________________________________________________________

Preferred telephone number: ________________________________________________

Please accept the following information for our honoree (not to exceed 150 words):
(Please include 1-3 pictures of them in action)

______________________________________________________________________________

______________________________________________________________________________

______________________________________________________________________________

______________________________________________________________________________

______________________________________________________________________________

______________________________________________________________________________

______________________________________________________________________________

______________________________________________________________________________

This is on the quiet side—their name should be a surprise until they are honored at the meeting.

E-mail Lisa Kadowaki, 805-445-0092, smidgetslk@gmail.com with the requested information or complete this form and mail it to her by August 30th: 2255 Ascot Place, Camarillo CA 93010.

Please ensure that your Quiet Disciple will be with us at the North District UMW Annual Celebration.
5-Star Giving makes mission possible.

*Here are the five channels of Giving your unit can do to receive a 5-Star Award.*

Explore five ways you can donate to the ministry and mission of United Methodist Women.

1. **Pledge to Mission** An individual member's Pledge to Mission is the amount a woman gives to her local unit to help fulfill the Purpose of United Methodist Women. To United Methodist Women's national office for mission with women, children and youth and retains a designated percent to be used for district and conference administration and membership development expenses.

2. **World Thank Offering** Spontaneous additional gifts can be given out of gratitude for God's abundance and in celebration of the joys of life. The World Thank Offering is an opportunity for individuals to respond to God's abundance and grace with spontaneous gifts of gratitude. The funds collected are used in the total program of mission carried on through United Methodist Women's national office in the United States and around the world.

3. **Special Mission Recognition** These pins offer a meaningful way to honor members who have dedicated so much time and effort to service. Gift amounts range from $40 to $2,000. Special Mission Recognition certificates and pins are ordered by the local treasurer through the district’s treasurer, using the spaces provided on the treasurer's remittance form. The district treasurer sends the order to the conference treasurer, who sends it to United Methodist Women's national office. The Special Mission Recognition is sent from the national office to the honoree or to the person whose name and address were given on the original order. Allow plenty of time to receive the pin.

4. **Gift to Mission** Make a gift of $5 or more in honor of someone and send a card to the honoree. The following cards are available: Congratulations, Thank You, A Baby, In the Service of Christ, A Special Day, Thinking of You, Happy Birthday and assortment of Christmas cards. If your Local organization would like to order cards, please fill out the form to send in with your Remittance.

5. **Gift in Memory** Give a gift in memory of a member, a friend or anyone, in any amount of $5 or more. Gift in Memory cards, available free, may be sent to the family of the deceased.

**Reminders:**
Remittances sent from your local organization need to be received by the 20th of the month in order to be counted for that month. *End-of-year Remittance Forms need to be received* by December 10th.

**Questions:** Please contact Alva Mayo.

UMW 150th Legacy Fund donations are always welcome.

Form on Pg 23
Treasurer’s Thoughts

My, how time flies when you're having fun! I just came back from Mission u and thoroughly enjoyed it. December will soon approach and we have so much to do!

Thanks again to all the 25 Local Organizations who have paid towards their pledge for 2019. We are getting closer to our goal of $85,000.00. We can do it!! Please remember to fill out the proper Treasurers Remittance Form on Pg 29. Any questions please contact me.

Join us for our North District Annual Celebration on September 21, 2019 at First UMC of Reseda. Each Local Organization will submit their 2020 Pledge card below and we will approve our Budget for 2020.

Just a reminder that the Candle of Commitment 2019 submissions are due soon, the Form is on Pg 10. Mail the Form and check to me, payable to: ND UMW. Please mail by September 20th to be included in the Cal-Pac United Methodist Women’s Annual Celebration on October 26, 2019 at Claremont UMC.

Any questions about the Candle of Commitment Form, please feel free to contact me.

Reminder: End-of-Year Remittance Forms need to be submitted by December 10, 2019.

Alva Mayo
2380 Vista Laguna Terrace
Pasadena, CA 91103
alvamay@aol.com
626-791-1978

- Cut out and bring to ND Annual Celebration -

United Methodist Women
North District Pledge
Year ____________

Church: ________________________________________
Pledge Amount: $______________

President: ________________________
Treasurer: ________________________

Vol 4 Nr 4 From the Sierras to the Seas August2019 9
Candle of Commitment 2019

Our Candle of Commitment represents the cost of our mission work to women, children, and youth to the U.S. and countries around the world.

$22.77 will burn the candle for one minute at our Cal-Pac UMW Annual Celebration on October 26, 2019

Gifts can be given by a Local organization or an Individual
“In Honor or Memory of those Mission Minded Men & Women in Our Life”

For North District, mail Candle of Commitment Form & check payable to ND UMW:
Alva Mayo, 2380 Vista Laguna Terrace, Pasadena, CA 91103

Name: [ ] In Honor or [ ] Memory of:

Person/Unit submitting the name: Amount

Deadline for inclusion in the Cal-Pac UMW Annual Celebration program:
October 1, 2019

Please send form and check to: UMW District Treasurer (check one)
[ ] East [ ] Hawaii [ ] North [ ] South [ ] West
Add any additional names on a separate piece of paper. Please type or print neatly. Thank you!
Writings from the District Secretary

Dear Sisters in Christ,

Fresh from Mission u at Azusa Pacific University and the excitement of it all. 150 years of United Methodist Women and still we are changing lives. To think it all started on a dark and stormy night in Boston....

I am hoping that all our Local Organizations are involved in their own communities helping with charities. We at Pacoima First UMC, help MEND, Hope Gardens and the Rescue Mission. My Local Organization will outfit backpacks for the church and neighborhood kids.

Toberman Neighborhood Center, www.toberman.org
Neighborhood House of Calexico, www.nhclx.org
David & Margaret Youth and Family Services, www.davidandmargaret.org
Susannah Wesley Community, www.susannahwesley.org

In God’s Service,

Maria Reyna, Secretary
6850 Van Nuys Blvd., Ste.214
Van Nuys, CA 91405
maria_la_reyna@rocketmail.com
818-277-9637 cell
818-780-7557 work

Committee on Nominations

I hope you are having a great summer. I've just returned from Mission u. It was really good to see so many of you there. We learned a lot about serving God, as well as spending time with our sisters in the Lord.

I'm looking forward to seeing you at our North District Annual Celebration. It will be held on September 21st at FUMC of Reseda, which is my home church. We will be voting on our new Slate of Officers for our North District UMW Executive Team. There are still a few offices that need to be filled. So, I hope that you will accept an office on our Team. Come be a part of a special group of UMW ladies that are friends as well as teammates

Blessings,

Margaret Hummel, Committee on Nominations
7722 Sedan Ave., West Hills, CA 91304
margaret@hummel71.net
818-636-0799 cell
NORTH DISTRICT UNITED METHODIST WOMEN
OFFICER NOMINATIONS FOR 2019-2020

Officer to be elected in their first 2-year term:

Program Resources Coordinator  Sheryl Paul
7419 Sylvia Ave, Reseda, CA  91335
(818) 521-2032 cell
curlylocks13@att.net
First UMC of Reseda

Spiritual Growth Coordinator  Grace Leighton
7311 Nita Ave, Canoga Park, CA  91303
(818) 267-7567
jleigh2128@aol.com
First UMC of Canoga Park

Social Action Coordinator  Rosalie Niemann
4618 Lasheart Dr, La Cañada, CA  91011
(818) 790-7868 home, (818) 517-2788 cell
niemann007@sbcglobal.net
First UMC of Pasadena

Mission Education Coordinator  Barbara Williams
25110 Village 25, Camarillo, CA 93012
(805) 482-6895 home, (805) 290-3737 cell
blw261@gmail.com
Camarillo UMC

Officers to complete their second year of their first 2-year term:

Secretary  Maria Reyna
6850 Van Nuys Blvd, Ste 214, Van Nuys, CA  91405
818-277-9637 cell, 818-780-7557 work
maria_la_reyna@rocketmail.com
Pacoima First UMC

(Continued next page)
OFFICER NOMINATIONS FOR 2019-2020

(Continued from previous page)

Officers to complete their second year of their first 2-year term:

Treasurer
Alva Mayo
2380 Vista Laguna Terrace, Pasadena, CA 91103
(626) 791-1978 home, (626) 233-9261 cell
alvamay@aol.com
Scott UMC

Officers to complete their second year of their second 2-year term:

President
Amybeth Lake
21031 Parthenia Street, #332, Canoga Park, CA 91304
(818) 428-8461 cell, amybeth_L@yahoo.com
Northridge UMC

Vice President
Ruth Dempsey
1130 Wilson Dr., Simi Valley, CA 93065
(805) 501-5874 cell, sewinforfun@icloud.com
Simi Valley UMC

Committee on Nominations to be elected in their first 4-year term:

Committee on Nominations
Rochelle Johnson
Class of 2024
11423 Porter Ranch Dr, #A302, Porter Ranch, CA 91326
(818) 626-8858 home, (818) 378-1932 cell
rjrn9055@gmail.com
Pacoima First UMC

Committee on Nominations Officer to continue their third year of their 4-year term:

Class of 2021
Margaret Hummel
7722 Sedan Ave, West Hills, CA 91304
(818) 999-6568 home, (818) 636-0799 cell
margaret@hummel71.net
First UMC of Reseda

(Continued next page)
OFFICER NOMINATIONS FOR 2019-2020

(Continued from previous page)

Language Coordinator to be appointed to serve their first 2-year term:

Milan Choi
19151 Parthenia St, #B, Northridge, CA 91324
(714) 331-6048 cell
choimilan57@gmail.com
First UMC of Reseda

Current elected position to be filled:

Membership Coordinator OPEN
Communications OPEN

Committee on Nominations to be elected for first 4-year term:

Class of 2024 OPEN
Class of 2024 OPEN

Language Coordinators to be appointed to serve their first 2-year term:

Spanish 2018-2019 TBA (Appointed by North District President)
Tongan 2018-2019 TBA (Appointed by North District President)

Spiritual Growth Coordinator

OUR FATHER WHICH ART IN HEAVEN!  The invocation places us at once in the center of the wonderful revelation the Son came to make of his Father as our Father too. The knowledge of God’s Fatherly love is the first and simplest, but also the last and highest lesson in our prayers.

HALLOWED BE THY NAME!  The word holy is the central word of the Old Testament, the name Father of the New. In this name of love all the holiness and glory of God are now to be revealed.

THY KINGDOM COME.  The Father is a king and has a kingdom. The son and heir of a king has no higher ambition than the glory of Father’s kingdom. Thy will be done, on earth as it is in heaven.

GIVE US THIS DAY OUR DAILY BREAD.  His kingdom, His will, He has full liberty to ask for His daily bread.

AND FORGIVE US OUR DEBTS, AS WE ALSO FORGIVE OUR DEBTORS.  As bread is the first need of the body, so forgiveness for the soul.

AND LEAD US NOT INTO TEMPTATION, BUT DELIVER US FROM EVIL.  The prayer for bread and pardon must be accompanied by the surrender to live in all things in holy obedience to the Father’s will and the believing prayer in everything to be kept by the power of the indwelling spirit from the power of the evil one. Such prayer will indeed, be the fellowship of love, always bringing us back in trust and worship to Him who is not only the beginning but the end.


Rochelle Johnson, Spiritual Growth
11423 Porter Ranch Dr, Apt A302, Porter Ranch, CA 91326
rjrnn9055@gmail.com, 818-626-8858 home, 818-378-1932 cell
United Methodist Women have committed ourselves to four campaigns linked to our four justice priorities:

Just Energy for All (Climate Justice priority): Works with companies and governments for clean, renewable energy through a just and equitable transition from fossil fuels.

Interrupt the School-to-Prison Pipeline (Criminalization of Communities of Color and Mass Incarceration priority): Seeks to impact local decision makers to address the criminalization of children and youth of color and reduce racial disparities in school discipline.

A Living Wage for All (Economic Inequality priority): Advocates for municipal and state legislation that builds the base for a living wage for everyone.

End Maternal Mortality (Maternal Health priority): Calls on health care workers, lawmakers and advocates to fund maternal mortality review committees and implement recommendations in hospitals and communities.

One of your tools is the United Methodist Women Program Book. The program book for 2019-2020 is titled “Let Your Light Shine: Ignited for Justice”, which centers on the themes of light and justice. God’s light, how it reveals, leads, nurtures and exposes, is found throughout scripture. You will also be reminded to shine a light on issues that crush and marginalize God’s children.

Through each of the programs, you will be empowered to challenge systems and powers of darkness and evil, while being emboldened by the Light of Life and the Word that gives us the hope we need to practice justice in the world.

Submitted by Amybeth Lake
Amybeth_l@yahoo.com
818-428-8461
I hope everyone is having a good summer. Are you reading some books from the UMW Reading List? This is a great time to do so. I have read some wonderful books lately. They have left me with many thoughts about what I should be doing with my life. Remember the UMW website is full of information about books and other resources which are available (www.unitedmethodistwomen.org). Look for the Mission Resources tab and the list of those items are downloadable. Take some time and look at all the items available. Think about using all of these materials for a program for small UMW groups.

Many of us had a great time at Azusa Pacific University attending Mission u. The study books this year were: *Practicing Resurrection: The Gospel of Mark; Women United in Change: 150 years in Mission; What About our Money?* When you read one of these books, you can include it on your Report of Completion Requirements Form along with the books you read from the UMW Program booklet (forms on Pgs 17-18). You can also download this Form and many others from the website. These forms need to be submitted to your local Program Resource Coordinator at the end of the year.

This is my last year as your North District Program Resources Coordinator. I have thoroughly enjoyed this position. Thank all of who talked with me at meetings and on-line. Please continue to enjoy our resources and welcome the new coordinator in October. Thank you.

Barbara Williams, Program Resource Coordinator  
blw261@gmail.com  
25110 Village 25, Camarillo, CA 93012  
805-482-6895 home  
805-290-3737 cell

Throughout the year, you may submit articles and/or pictures for the newsletter about what your Local Organization is doing.  
Deadline submittal dates are:  
November 14th, February 13th, May 14th and August 3rd.
READING PROGRAM PLANS

PLAN I
- 5 books each year.
- 1 from each category.
- Selections from the current reading lists if not included in previous reports.
- Regular reading of response magazine.

PLAN II
- 10 books each year.
- 2 from each category.
- Selections from the current reading lists if not included in previous reports.
- Regular reading of response and New World Outlook magazines.

PLAN III
- 15 books each year.
- 2 books from each category.
- PLUS 5 additional books from any category.
- Selections from the current reading lists if not included in previous reports.
- Regular reading of response and New World Outlook magazines.

PLAN IV
- 20 books each year.
- 2 books from each category.
- PLUS 10 additional books from any category.
Selections from the current reading lists:

Some of the older books may not be available at United Methodist Women Mission Resources. Other possible sources include the public library and Reading Program books already purchased by your unit. For books on previous reading lists go to:
www.umwmissionresources.org/umwonline.org/groups/readingprogram

I have also read response and New World Outlook regularly.
REPORT OF COMPLETION REQUIREMENTS
(Send completed form to your secretary of program resources or equivalent according to your conference’s schedules.)

I have completed the required reading for PLAN____. The books I have read are listed on the reverse side.

<table>
<thead>
<tr>
<th>LOCAL UNIT</th>
<th>PRINT NAME</th>
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<tbody>
<tr>
<td>DISTRICT</td>
<td>ADDRESS</td>
</tr>
<tr>
<td>CONFERENCE</td>
<td>CITY, STATE, ZIP</td>
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### Mission Emphases

<table>
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<th>Education for Mission</th>
<th>Leadership Development</th>
<th>Nurturing for Community</th>
<th>Social Action</th>
<th>Spiritual Growth</th>
</tr>
</thead>
</table>

**NAME:** [Name]

**PLAN CHOSEN:** [Plan]

**Current Year:** [Year]

**New World Outlook** [Response]

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Vol 4 Nr 4  From the Sierras to the Seas  August 2019
Mission Education

Mission u was another inspiring weekend for me. I have attended many times and as I write this message for you, I am amazed how our National UMW leaders Plan, Organize, Prepare the Training for Study Leaders for such a fantastic learning opportunity for United Methodist Women. I wish more women would attend once and experience it.

The topics are always current and meaningful and always a Spiritual Growth Study, Social Issue Study and a Geographic Study. As I read from our 2019 Conference Directory on page 9 describing Mission u, “Participants grow in understanding the mission of the church in the current world context.

Mission u, as are all conference events, is open to all members and non-members of United Methodist Women. The study I participated in was “Women United for Change - 150 years in Mission.” As we celebrated 150 years in 2019, the movement that brought women into the forefront of Christian ministry.

I heard a few women visiting that weekend and one said, “if we could get more women to attend once, we think they would come again.” That is my hope! We did have a first timer from our North District attend and she had a very long drive to Azusa. We were so glad she came and brought her teenage daughter as well!

My concluding thoughts: “use your Voice for Kindness, your Ears for Compassion, your Hands for Charity, your Mind for Truth, and your Heart for Love.

Hope to see you Saturday September 21st at our Annual Celebration at First UMC of Reseda.

Submitted by Ruth Dempsey
sewinfofun@icloud.com
805-501-5874 cell
Communications Coordinator

It has been a joyful summer with meetings, travel, Mission u and always more travel!

I cannot believe my 4 years as your Communications Coordinator has come to an end. I have enjoyed putting together the Newsletter, ‘From the Sierras to the Seas’. I began not knowing too much about Publisher and PowerPoint, but soon learned quickly under the wing of past President, LoWaine Robison. Many thanks and I sure miss her calm, sweet nature.

So, the Committee on Nominations is looking for someone to step up to the task as Communications Coordinator. Feel free to contact me if you would like more information about being the Communications Coordinator. I will miss the North District UMW Executive Team. They are a fantastic, fun bunch of ladies. To join this great Team, please contact Margaret Hummel, 818-999-6568, margaret@hummel71.net

Be sure to register and attend our North District Annual Celebration and Installation of Officers on September 21, 2019 (form on Pg. 6). Quiet Disciple submissions are due August 30th (form on Pg. 7).

Please let me know if any of your members would like to receive the Newsletter, ‘From the Sierras to the Seas’ via email. Send me their name, email address, phone number, Officer position and church name.

Lisa Kadowaki, Communications Coordinator
2255 Ascot Place, Camarillo, CA 93010
smidgetslk@gmail.com
805-445-0092 Hm, 805-236-3370 Cell

September 2017

September 2018

March 2019
Mission u was once again a totally inspiring event. God’s spirit was definitely alive as we sang, prayed, danced, studied, and enjoyed campus life, in spite of 100 degree heat! What a "shot in the arm" for our commitment to United Methodist Women! We were encouraged in our study of Mark to go back to our churches and communities and live out our faith by being Radical Disciples of Christ.

I want to especially thank Julieta Salazar for her leadership as our Conference Membership Coordinator. She met with us during Mission u and provided the final analysis from National of the 2018 Census. Because of much effort on her part, I am happy to report that we, the North District, had 30 Local Organizations that completed the report, for a total count of 1,349 members. Although this is less than half of our active UMW's, it is the highest number of completions since the on-line reporting began, and thank you to all who responded.

The new Census for 2019 will be accessible sometime in October, and we will have until the end of March 2020 to complete it. Having no time is not an excuse!! Do we dare aim for 100% participation and a much more accurate total membership count for our amazing North District? LET'S DO IT!!

Having just said all that, we had our ND Leadership Team meeting on Saturday, and I learned that my time on the Team had "termed out", meaning we figured that I had been a part for this group for the allowable 8 years, first as Nominating Committee and then as Chair, and then as Membership Co-Coordinator and then as sole Coordinator. I will miss being a member of this terrific group of women, but you will still see me at September's Celebration, in which Milan and I will be leading you in the music, and at other events. Committee on Nominations is now looking for my replacement, so let them know if you might be interested.

Donna Wood, Membership
119 Gemini Ave, Lompoc, CA 93436
donnawood2@verizon.net
805-868-9503
Local Organization UMW Happenings

The Reseda United Methodist Women present their 47th Annual
Country Store and Craft Sale
Crafts by Local Artists, Baked Goods, Grandma’s Attic, snacks from the Tea Cart, Live Plants, Books, and More!
Proceeds benefit Local and World Mission Projects
Where: Reseda 1st United Methodist Church
18120 Saticoy Street at Lindley Avenue in Reseda
When: Saturday, October 12, 2019
Time: 9:30 am – 2 pm (Lunch: 11:30 to 1)
Questions? Call (818) 521-2032

Simi Valley United Methodist Women
Fall Boutique
Friday, October 18, 2019—9am-5pm
Saturday, October 19, 2019—9am-3pm
Many Handmade gifts and decorations
Proceeds benefit UMW local and global Mission Projects
Location: 2394 Erringer Road, Simi Valley, CA 93065
Any questions, contact Valerie Bergh, 805-526-8836
Yes, I want to leave my legacy with United Methodist Women!

Name______________________________
Address____________________________
Phone______________________________
E-mail______________________________
Local Church and ZIP code____________

Optional
Gift in honor or memory:
Amount of gift $_______________
☐ In honor ☐ In memory of:

☐ Enclosed is my check payable to: United Methodist Women. Write “The Legacy Fund” in the memo section.

THE LEGACY FUND is a permanent endowment that will support the mission outreach of future generations of United Methodist Women as they address the needs of women, children and youth of their day. It is part of United Methodist Women’s five-year 150th anniversary celebration.

<table>
<thead>
<tr>
<th>MY LEGACY FUND GIFT</th>
</tr>
</thead>
<tbody>
<tr>
<td>☐ $5000</td>
</tr>
</tbody>
</table>

I will give ☐ one-time gift ☐ monthly ☐ annually through_______(year)
Total pledge $____________________

To ensure acknowledgement of giver and amount, please print legibly.

To make a secure gift online please visit:
unitedmethodistwomen.org/legacyfund
Or you may text your gift by texting
Legacy 150 to 41444
Or you may call your gift in by dialing
1 800 278-7771

To Mail your gift to Legacy, please complete this form and enclose it with your check or money order payable to United Methodist Women and please remember to write The Legacy Fund in the memo section.

UNITED METHODIST WOMEN
OFFICE OF THE TREASURER
475 Riverside Drive, 15th floor
New York, NY 10115

The Cal-Pac UMW Legacy Committee would be happy to answer any questions you may have:

Jane Stewart, Chair  562 425-1378;
Diane Gin 323-265-2830; Eutha Hankinson 818-767-3508; Sharon Shellman 626-825-6436; Randa Krakow 760-815-3423;
Mapuana Mailei 808-216-6446; Tiala Toetuu 808-953-9156; Julie Asuncion 626-447-8456; Mele Faiva Blagojevich 310-428-6704

United Methodist Women California-Pacific Conference; thanks you on behalf of all future United Methodist Women and all mission outreach around the world that this Legacy Fund will support. God bless you.
Gifts & Graces Inventory

Potential Leaders Information Form
(to be completed by potential leader)

Type or Print (attach additional sheets as necessary)

Date: __________________________

Name: __________________________________________________________

Address: _________________________________________________________

Telephone: (hm)_________ (wk)_________ Email: __________________________

Member of Local Church: __________________ District: __________________

Age:  20’s  30’s  40’s  50’s  60’s  70’s  80’s

Languages Spoken: __________________ Racial/Ethnic Group: ______________

Employed:  No _______ Part Time _______ Full Time______

Professional skills, job experience____________________________________

Office(s) held in United Methodist Women:

<table>
<thead>
<tr>
<th>Office</th>
<th>Date of Service</th>
</tr>
</thead>
<tbody>
<tr>
<td>Local</td>
<td></td>
</tr>
<tr>
<td>District</td>
<td></td>
</tr>
<tr>
<td>Conference</td>
<td></td>
</tr>
<tr>
<td>Jurisdiction</td>
<td></td>
</tr>
</tbody>
</table>

Additional experience on the local, district, conference or general church level (other than United Methodist Women), or in the community:

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

How will your spiritual journey strengthen your commitment to serve on the North District Leadership Team?

________________________________________________________________________

________________________________________________________________________

Nov2018

Or Return to: Milan Choi-Committee on Nominations, 714-331-6048
19151 Parthenia St, #B, Northridge, CA 91324
Email: choimilan57@gmail.com

Return to: Margaret Hummel—Committee on Nominations, 818-636-799
7722 Sedan Ave, West Hills, CA 91304 Email: margaret@hummel71.net
We are Calling u to join us April 17-19, 2020 for Service, Spiritual Care, Social Action, Networking, Leadership Development, Enrichment and More!

Saturday Night Banquet and Entertainment:
Yellowbird Productions:
“Celebrating the unique spirit of the American

Keynote Speaker:
Professor Katharine Hayhoe,
Atmospheric Scientist working on Climate Change

Registration opens
August 1, 2019
www.wjumw.com
for information and
Western Jurisdiction Scholarships

The Western Jurisdiction Leadership Team is offering four (4) $250.00 scholarships for the Jurisdiction Quadrennial Event in Tempe, Arizona.

The criteria that the Western Jurisdiction Leadership Team will look for is:
• First time attendee to a Quadrennial Meeting
• Has not served in an office above the local unit

Requirements of recipients:
• If chosen, will register and attend event
• Will share her experience with her Conference, District, and/or Local Unit

To apply for a scholarship:
• Complete the form.
• Attach a short letter of recommendation from your Conference President.
• Send both to Dixie Jacky (address on form)

Deadline: December 20, 2019
Recipients will be notified by January 15, 2020

For Scholarship Form, go to website: www.wjumw.com
To become a Mission Today Local Organization, the Local Organization (LO will be used instead of Local Organization below) must meet EIGHT (8) of the following criteria, including a minimum of FOUR (4) of those marked with an Asterisk (*).

Return To Your District Mission Education Coordinator no later than December 1, 2019.

Mission Ed. Coord. Name, Address, E-mail ______________________________

Local Organization Name, Contact Name, E-mail / Phone: __________________

* Use the Prayer Calendar at EACH general meeting of the LO to pray for persons in mission & for our mission work with women, children, & youth.

* The LO will lead their members in the UMW purpose EACH meeting.

* The LO will make and meet its pledge to mission.

* The LO will add at least TWO members to its roll.

* The LO will have at least TWO members subscribing to response magazine. (Order from the Mission Resource Center)

* The LO will use TWO programs from the Program Book for UMW each year.

* The LO, circle, or subgroup will conduct at least ONE Mission Study a year. (Contact your Dist. or Conf. to learn what the studies and textbooks are for each year).

* The LO will implement the Charter for Racial Justice Policies in at least TWO ways during the year. Suggested plans of action:
  1. ENCOURAGING a joint Vacation Bible School.
  2. ENCOURAGING pulpit exchanges.
  3. SHARING joint worship services on special occasions.
  4. ENCOURAGING support for equal employment practices in the church & community.
  5. CONTACT your Conference Committee on the Charter for Racial Justice Policies for further action plans.

The LO will ADD or ENCOURAGE their LO’s Young Women’s or Youth Circle.

The LO will ADD or ENCOURAGE their LO’s Language Group Circle.

HOLD a joint LO meeting with a LO of a different racial/ethnic background, using programs from the Program Book.

DEVELOP a bi-racial/cultural or multi-racial/cultural Koinonia group.

At least ONE member of the LO other than a Conf. or Dist. officer will attend the Conference or District School of Christian Mission.
• At least **TWO** members of the LO other than a Conf. or Dist. officer will attend the District or Conference Annual Celebration.

• At least **TWO** members of the LO will attend any Young Women’s Event in the Cal-Pac Conference.

• At least **FIVE** members of the LO will attend any event with emphasis on UMW 101 or any Language event in the Cal-Pac Conference.

• The LO will have at least **ONE** person join the United Methodist Women’s Action Network to receive & respond to legislative information. (To join, call the Women’s Division Washington Office at (202) 488-5660 or write to UMW Action Network, 100 Maryland Ave. NE, Suite 530, Washington, D.C. 20002).

• Members shall write to **FIVE** persons listed in the Prayer Calendar at least twice a year.

• The LO will participate in the Campaign for Children in at least **TWO** ways. Possibilities for action:
  1. **HELP** sponsor a church or community program related to children and youth needs.
  2. **SPONSER** a Children’s Sabbath, promoted by the Children’s Defense Fund.
  3. **GET INVOLVED** with children in mentoring, tutoring, and "big sisters" programs.
  4. **WRITE** letters, e-mail, or call Congressional representatives and/or others in government regarding children’s issues.
  5. **LEARN** how our schools are funded.

• The LO will **BE** a Five Star LO, contributing to **ALL FIVE** channels of Mission Giving.

• Each LO, circle, or subgroup will **INCLUDE** a mission moment where an article from response or New World Outlook magazines will be lifted up as a way to tell the mission story.

• Have at least **TWO** persons from the LO, circle, or subgroup complete one of the Reading Program Plans and report on at least **ONE** of the books read.

• The LO will invite a Dist. or Conf. officer, other than a member of the LO, to **ONE** of the LO meetings during the year.

• Make a **PLEDGE** to care for God’s creation and become a “Green” UMW LO (How to Become a Green LO at umwonline.org/environment or contact Women’s Division Office of Community Action).

• **HOLD** a Mini – Spiritual Growth Retreat (For addition information contact the Women’s Division Office of Spiritual Formation and Mission Theology).

• The LO will have at least **TWO** persons visit one of the national mission sites within the Cal-Pac Conference.

**Other Mission Work:**
# The Remittance Form for All Treasurers

**Order No.** [Please make sure that all orders have a unique order no.]

<table>
<thead>
<tr>
<th>Local Unit</th>
<th>District</th>
</tr>
</thead>
<tbody>
<tr>
<td>Conference</td>
<td>Period from</td>
</tr>
</tbody>
</table>

### Mission Giving

<table>
<thead>
<tr>
<th>No.</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>Pledge to Mission</td>
</tr>
<tr>
<td>2.</td>
<td>Special Mission Recognition</td>
</tr>
<tr>
<td>3.</td>
<td>Gift to Mission</td>
</tr>
<tr>
<td>4.</td>
<td>Gift in Memory</td>
</tr>
<tr>
<td>5.</td>
<td>World Thank Offering</td>
</tr>
</tbody>
</table>

**Total Mission Giving (Lines 1 thru 5):** $ __________

### Supplementary Gifts

<table>
<thead>
<tr>
<th>No.</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>6.</td>
<td>A Call to Prayer and Self-Denial</td>
</tr>
<tr>
<td>7.</td>
<td>Designated Gifts</td>
</tr>
<tr>
<td></td>
<td>A Brighter Future for Children and Youth</td>
</tr>
<tr>
<td></td>
<td>Assembly Offering</td>
</tr>
<tr>
<td></td>
<td>Scarritt-Bennett Center</td>
</tr>
<tr>
<td></td>
<td>Magazine Fund</td>
</tr>
<tr>
<td></td>
<td>National, international and UMCOR projects</td>
</tr>
</tbody>
</table>

*(If additional pages are needed, complete the Supplementary Gifts Details Form)*

<table>
<thead>
<tr>
<th>Name of project</th>
<th>Address</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
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<td></td>
<td></td>
</tr>
</tbody>
</table>

**Total from Supplementary Gifts Details Form:** $ __________

**Subtotal Designated Gifts (line 7 only):** $ __________

**Bequest** (please attach a copy of the will or excerpt of the will)

<table>
<thead>
<tr>
<th>Other Designated Gifts</th>
</tr>
</thead>
</table>

**Total Supplementary Gifts (lines 6 thru 9):** $ __________

### Memo Total—total giving for quarter (including Special Mission Recognition orders)

$ __________

**Less SMRs (and other as applicable) remitted previously (Enter as a positive number):** $ __________

**Total remittance Check no.:** TOTAL: $ __________

**Treasurer:**

<table>
<thead>
<tr>
<th>Address:</th>
<th>Phone:</th>
<th>Fax:</th>
<th>E-mail:</th>
</tr>
</thead>
</table>

**Date:**

Form 10
UNITED METHODIST WOMEN

GIFT TO MISSION
ORDER FORM
FOR LOCAL AND DISTRICT UNITED METHODIST WOMEN

Local treasurers order Gift to Mission cards from district treasurers singly or in packs of 10 cards. $5 per card or $50 per pack of 10 cards. Christmas cards can be ordered in packs of 5 cards. Minimum $25 per pack of 5 cards.

<table>
<thead>
<tr>
<th>TYPE OF CARD</th>
<th>No. Cards</th>
<th>No. Packs</th>
<th>SENDER ADDRESS</th>
<th>AMOUNT</th>
</tr>
</thead>
<tbody>
<tr>
<td>New baby (10)</td>
<td>M7007</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Congratulations (10)</td>
<td>M7003</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Peace (10)</td>
<td>M7006</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>In the service of Christ (10)</td>
<td>M7005</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>On your special day (10)</td>
<td>M7008</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Thank-you (10)</td>
<td>M7004</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Thinking of you (10)</td>
<td>M7002</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Thinking of you (10)</td>
<td>M7011</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Happy birthday variety pack (5)</td>
<td>M7009</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Christmas variety pack (5)</td>
<td>M7010</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Local treasurers: Send form to your district treasurer. Total amount of order: $

Keep a copy for your records. Always put your name and address in the space provided.

Treasurer: 
Address: 
Phone: Fax: 
E-mail: Date:
**PURPOSE**
The organized unit of United Methodist Women shall be a community of women whose **PURPOSE** is to know God and to experience freedom as whole persons through Jesus Christ, to develop a creative, supportive fellowship, and to expand concepts of mission through participation in the global ministries of the church.

**Where Do I Find...**

UMW Official Website: [http://www.unitedmethodistwomen.org/](http://www.unitedmethodistwomen.org/)
UMW Facebook Website: [https://www.facebook.com/UMWomen](https://www.facebook.com/UMWomen)
UMW Twitter Website: [https://twitter.com/UMWomen](https://twitter.com/UMWomen)
UMW YouTube Website: [https://www.youtube.com/user/umwomen/](https://www.youtube.com/user/umwomen/)
UMW Flickr Website: [https://www.flickr.com/photos/UMWomen](https://www.flickr.com/photos/UMWomen)


California-Pacific Conference United Methodist Church Website: [http://www.calpacumc.org/](http://www.calpacumc.org/)

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**The North District Newsletter and Pacific Waves**

Published four times a year

This Newsletter for the **North District** and **Pacific Waves** are newsletters for the North District UMW and the Cal-Pac UMW respectively. Both are free with an email subscription. Email your name, telephone number, church and district to calpacnorthdistrictumw@gmail.com for this Newsletter and umwcalpaccommunications@gmail.com for Pacific Waves.

Cost for a mailed subscription is $15.00 each. For **The North District Newsletter** make the check payable to North District UMW and send to the District Treasurer: Alva Mayo, 2380 Vista Laguna Terrace, Pasadena, CA 91103. For **Pacific Waves** make the check payable to Cal-Pac UMW and send to the Conference Treasurer: Eutha Hankinson, 9659 Via Torino, Burbank, CA 91504. For a mailed subscription please include the following information:

**Please print all information:**

Name: ____________________________________________

Address: __________________________________________

City: ___________________________ State ______ Zip+4 ______

Phone: ___________________________ Email: ___________________________

Church: ___________________________ District: ___________________________

Amount Enclosed: $________ Check#: __________ Date Received by Treasurer: ___________________________