PURPOSE OF UNITED METHODIST WOMEN

The organized unit of United Methodist Women shall be a community of women whose PURPOSE is to know God and to experience freedom as whole persons through Jesus Christ, to develop a creative, supportive fellowship, and to expand concepts of mission through participation in the global ministries of the church.

Peace I leave with you; my peace I give to you. I do not give to you as the world gives. Do not let your hearts be troubled, and do not let them be afraid.

John 14: 27
Dear Sisters in Mission...

I write to you with a very heavy heart as we are amid a world pandemic...where fear seems to be gripping our world, our nation, our communities, our churches, and our families. It is unsettling and with the spread of Coronavirus COVID-19 has inspired cause and concern among us. I encourage and urge all of you to take heed of the precautionary recommendations of hand washing, social distancing, and self-quarantine. It’s the new normal and taking the precautionary measures is a way of dealing with this disease as we strive for containment.

In the meantime, we will continue to lift our troubled world, and all afflicted with the virus. May God grant healing and protection to those affected. May He grant peace and courage to us. During this time of uncertainty, WE know our good and gracious Father is Sovereign over all things and this includes this virus. We all live under God’s shield and protection. God always promises to walk with us, side by side, He is with us on this journey wherever it leads us! It is so easy to be pulled into the fear of the unknown, but we know our God and he is here for all. Let us cling onto these words:

“May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit.” Romans 15:13

“When I am afraid, I put my trust in you.” Psalm 56:3

In lieu of the present situation and the need to be proactive the latest press release from the United Methodist Women website announced the postponement of the upcoming Western Jurisdiction meeting to be held at Tempe, AZ on April 17-19. Plans are currently in the making as to an alternative scheduling date. Please stay on the lookout and check the UMW website for further announcements as adjustments and decisions are made frequently as the situation progresses.

Census 2019 is quickly ending so be sure and register as soon as possible. Good news...the deadline has been extended to April 30, 2020. Just click on the UMW website which is, https://www.unitedmethodistwomen.org and click on the green tab that says CENSUS 2019. Next click on the blue tab that says MY UMW. Here is where you will register yourself as a member. Answer the questions that pop up in the blue box, press the submit button and you should have completed registering yourself as a member of UMW! Your membership card should then be available for you to print out. Remind all your UMW sisters to do the same so that they too may be registered and receive their membership card.

March 23rd was the Day of Giving...and has been extended to April 20, 2020 (see Pg.3). Be part of honoring our foremother’s by giving to the Legacy Fund .... TOGETHER, we are building our Legacy!

Let us all continue to be vigilant in our prayers, to be still and know that God is here.

In His Service,
Diane Gin | Cal-Pac UMW President
dlokgin@gmail.com | 323-243-5323
"National has thought of all communities in deciding that Day of Giving must go on and have extended the time frame for giving. The Coronavirus will disproportionately impact those populations where United Methodist Women is a resource, advocates for, source of healing and hope. Investment in the Legacy Fund ensures the work continues on when global circumstances [such as this] that have profound impact on communities around the world surface in the future."

The Legacy Fund has crossed the $30 Million halfway point at the end of 2019 and we thank everyone who has given and continues to give.

National has decided that Day of Giving must go on and has extended the time frame for giving thru April 20th and has updated their website to make online giving easier.

Gifts can be made online https://www.unitedmethodistwomen.org/150/home which is the easiest and quickest way to direct your contributions to the Legacy Fund.

You can also give via US mail to:

United Methodist Women, Attn: Legacy

475 Riverside Drive, 15th Floor

New York, New York 10115

You can text at: 41444 and type Legacy Fund
Dear sisters of Christ, the bold and beautiful United Methodist Women,


It was only three, four months ago when we first heard about the infectious virus going around in China. We didn’t take it as a serious threat to our way of living then. We didn’t think it would spread like a wildfire in different parts of the world so quickly and so widely. Between December of 2019 when the virus was first known and now, life as we know it has changed quite a lot right in front of our eyes.

We aren’t allowed to hug or shake hands. We don’t go out to the movies or sport games. We don’t travel. We don’t gather. We don’t congregate. We don’t meet. What would you give to go back to where we were? To go back to the times when we could hug, saying hi or bye. To go back to the times when we were unafraid and be spontaneous. Sadly, the time moves in one direction only. Forward. There’s no way we can go back. We can only move forward.


The social justice issue of Economic Inequality was the topic addressed by the guest speaker, Carol Barton. She flew in from New York City National UMW Office. She shared the current situations of unjust wage system affecting women across the nation and advocated the importance of the ‘Living Wage for All’ Campaign.

The sisters in Hawaii District gathered at Susannah Wesley Community Center on the same day, and had a great time of discussion, action plans and community involvement. Hawaii, as a District, shares a lot of economic difficulties common with the other four Districts in our conference. At the same time, women in Hawaii experience social and economic injustice specific to the locality of Hawaii. To all the United Methodist Women of faith and action, the socio-economic injustice issue is something that needs to be addressed, dismantled, and erased. Whether we are still actively working or already retired, the economic justice affects us all.

Unfortunately, the next Conference event, the UMW Luncheon during Annual Conference at University of Redlands in June is cancelled. As we are experiencing a great deal of uncertainty as the pandemic looms over us, please check in with your Local and District Organizations for the updates.

The list of words we use to describe our present times may well describe what Jesus’ followers were feeling when they saw Jesus getting beaten, mocked at, and nailed on the cross. Scary. Sad. Mad. Helpless. Lonely. Frightening. Chaotic. Stressful... But we know that there’s a new day dawning soon. We know the tomb is empty. We just need to be still and wait for the Lord. Let us wait.

Young Mae Kim | Cal-Pac UMW Vice President | youngmaekim@gmail.com | 213-700-6872
TREASURER’S NOTES

Now that we are in the Lenten Season, I hope you are reflecting on your life and what you can change in your life as you get ready for Resurrection Sunday. Remember, it is not always something you give up, it can be a change you make in your life such as spending more time in scripture each day, just a thought.

I wish all of you a very Happy Easter! We have just finished our Mid-Winter Event in February, where the theme in both California and Hawaii was, ‘Economic Inequality...Living Wage for All’. Each one of us could educate ourselves so that people were getting paid a living wage. In California, Carol Barton was our guest speaker, she is on the National staff. She gave us several examples where so many people were not getting paid a wage that would meet their basic needs. She told us that some waitresses and maids had to get tips to compensate their income. She reminded us that whenever we could, we need to give them a generous tip (something to think about). One of the women that was there suggested a book that is on our 2019 Reading Program List, ‘We Are All Fast-Food Workers Now’ by Annelise Orleck. I went home and read this book, I suggest you read it also. I am convinced that it will change your thoughts about the workers in the world.

I got the chance to meet some new UMW ladies from several Local Organizations and this always gives me joy. Remember, that if I am attending a meeting that you are attending, please come up and introduce yourself. I always enjoy speaking to the members in our conference. I hope all of you know your District Treasurers, if not please get to know them. I am always available to give you their names and phone numbers.

Our pledge to Mission for 2019 was $275,000 and we sent $283,000 to National, so we made our pledge. Thanks to each of our wonderful Local Organizations that made this happen. Our pledge for 2020 is $270,000, and I am sure that with God’s help we will exceed this amount.

I pray that all of you will have a Happy Easter and that you are looking forward to a great Summer.

Blessings to you all!

Eutha Hankinson  
Cal-Pac UMW Treasurer  
ehskier@att.net  
818-767-3508
Dear Sisters in Christ,

I am so blessed to be serving with each of you and looking forward to sharing our visions, love and challenges together. God is challenging us to be strong and of good courage as we face new ways to live out our purpose. Many of you are already in lockdown, some have family members who live abroad and are hit with the virus, others have friends, church members or love ones in quarantine. Store shelves are empty, and people are in fear for their families. God is asking us to stand firm with him in this wilderness and let him be our guide.

I see this as a time for United Methodist Women to show what we do best. We do not need a building to show God’s love. We have the most precious gift of all, Jesus Christ. We as United Methodist Women stand firm in our commitment for women, children and youth. Call our sisters and check on them, especially our seniors who are alone and scared. Read to them even over the phone. Pray for our sisters around the globe, start a 24-hour prayer vigil. We will prevail.

If you are interested in joining our Leadership Team, please fill out the Gift and Graces Inventory Form/s on Pgs.24-28 or contact any of our Committee on Nomination members listed below. We look forward to hearing from you. Stay safe and remember "we can do all things through him that strengthens us."

God Bless,
Angel Copeland-Wolf | East District
Committee on Nominations Chair
amazinggracelove@aol.com
760-927-5884

Committee on Nominations Members

Kara Mark | Hawaii District
karamark808@gmail.com | 808-373-1506

Barbara Morrison | South District
barb41153@gmail.com | 619-690-3051

Lois Price | West District
lap60@hotmail.com | 323-661-3374

UMW Websites:

www.calpacumc.org/umw/ - our Cal-Pac website
www.unitedmethodistwomen.org—our national website
www.facebook.com/UMWomen—UMW Facebook website
www.twitter.com/UMWomen—UMW Twitter website
www.youtube.com/UMWomen—videos for presentations
www.flickr.com/photos/UMWomen—photos for newsletters or PowerPoint
www.ummissionresources.org/products/subscribe-to-response-magazine
www.umcmission.org/Find-Resources/New-World-Outlook
Dear sisters in Christ,

I had the honor and privilege to announce the 2019 winning District for the Adult Reading banner and Children/Youth Reading trophy at the Mid-Winter event on February 22nd in Simi Valley. This year we saw a new District receiving the Adult Reading banner - The North District is our newest reading champion! North District President, Amybeth Lake proudly shared the new patch that North District Vice President, Ruth Dempsey created that will be attached to the banner (see photo on Pg.13). And, the South District was again the recipient of the Children/Youth Reading trophy for 2019.

There were 171 Adult Readers and 6 Children/Youth Readers participating in 2019. In addition to the 33 participating churches listed on Pg.8, Simi Valley UMC (North District), Redondo Beach FUMC, Wilshire UMC (both West District) also participated in the Reading Program.

There was less participation in the Reading Program in 2019 than in the previous year, or maybe everyone who read a book did not report their reading information. Information about the Reading Program and the Form to report your reading can be found on Pg.9 and at, https://www.unitedmethodistwomen.org/mission-resources. An explanation of the Reading Program can be found on Pg.10 and the List of Books on Pgs.11-12, or also on the website.

I'm looking at the website as I write this article and I see lots of information about the Reading Program Resources that can be helpful to you, your Local Organizations, Districts and the Conference. Contact your Local Organization if you need assistance understanding the Reading Program or how to report the books you read.

I hope more women, children and youth will be involved in the Reading Program this year because of the information provided, and send Reporting Forms to their District Program Resources Managers at the end of the year. If you are the Reading Coordinator for your Local Organization and you do not understand how you and your members should report the reading information, please contact your District Program Resources Manager for assistance. I hope this will make it easier for more ladies to get involved in the Reading Program and the Reading Report for 2020 will have more readers than 2019. So, read and report!

The following are the study books for 2020 Mission u:

**Adult:**
- *Finding Peace in an Anxious World* (now on the website)
- *Pushout: The Criminalization of Black Girls in Schools* *
- Women United in Change: 150 Years in Mission (now on the website)
*Per website, need to purchase book from other sources or borrow from local library.

**Children/Youth:**
- *Managing Anxiety: A Youth Study* (now on the website)
- *Managing Our Emotions: A Children's Study* (now on the website)

(Continued next page)
“And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.” Philippians 4:7

Please take care during this time of uncertainty.

In His service,
Elizabeth (Liz) Martinez | Cal-Pac UMW Program Resource Coordinator
veolafrank@yahoo.com | 760-217-6273

Churches Participating in Reading Program 2019

**East District**
Corona UMC
Claremont UMC
First Filipino-American UMC of SGV
Fullerton FUMC
New Beginnings UMC
Palm Springs UMC
Rancho Cucamonga UMC
Riverside FUMC
Wesley UMC
West Covina UMC
Wrightwood Community Church

**North District**
Camarillo UMC
Canoga Park UMC
FUMC Reseda
Lancaster UMC
Scott UMC
Thousand Oaks UMC

**South District**
First UMC—Escondido
La Mesa FUMC
Mesa Verde UMC
Murrieta UMC
National City FUMC
Saint Mark’s UMC—San Diego
Saint Paul’s UMC— Coronado
San Carlos UMC
San Dieguito UMC
Santee UMC
Vista UMC

(Continued from previous page)
REPORT OF COMPLETION REQUIREMENTS

I have completed the required reading for PLAN____. The books I have read are listed on the reverse side.

LOCAL UNIT

PRINT NAME

DISTRICT

ADDRESS

CONFERENCE

CITY, STATE, ZIP
2020 READING PROGRAM PLANS

Choose and follow one of the four plans. When you have read the required number of books and magazine issues, report your completion to your local member in charge of program resources. Titles read from the 2015 list will be credited through December 31, 2020.

PLAN I: 5 books a year
One book from each category: Education for Mission, Leadership Development, Nurturing for Community, Social Action and Spiritual Growth
Selections can be from the 2015–2020 reading lists if not included in previous reports (including children and youth titles)
Regular reading of response magazine

PLAN II: 10 books a year
Two books from each category: Education for Mission, Leadership Development, Nurturing for Community, Social Action and Spiritual Growth
Selections can be from the 2015–2020 reading lists if not included in previous reports (including children and youth titles)
Regular reading of response magazine.

PLAN III: 15 books a year
Two books from each category: Education for Mission, Leadership Development, Nurturing for Community, Social Action and Spiritual Growth
Plus five additional books from any category
Selections can be from the 2015–2020 reading lists if not included in previous reports (including children and youth titles)
Regular reading of response magazine.

PLAN IV: 20 books a year
Two books from each category: Education for Mission, Leadership Development, Nurturing for Community, Social Action and Spiritual Growth
Plus ten additional books from any category
Selections can be from the 2015–2020 reading lists if not included in previous reports (including children and youth titles)
Regular reading of response magazine.

BONUS BOOKS
Bonus Books count as two books!
The 2020 Reading Program bonus books are the current United Methodist Women mission studies.

- Practicing Resurrection: The Gospel of Mark and Radical Discipleship by Janet Wolf counts as two books in the category Spiritual Growth
- What About Our Money? A Faith Response by Susan Taylor counts as two books in the category Education for Mission
- Women United for Change: 150 Years in Mission by Ellen Blue counts as two books in the category Community
- So You Want to Talk About Race by Ijeoma Oluo, studied by the United Methodist Women Program Advisory Group, counts as two books in Social Action category.
<table>
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<tr>
<th>CATEGORY†</th>
<th>TITLE</th>
<th>AUTHOR(S)</th>
<th>PUBLISHER</th>
<th>YEAR</th>
<th>MSRP PRICE</th>
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<tr>
<td>EFM</td>
<td>The Pilgrim Journey: A History of Pilgrimage in the Western World</td>
<td>James Harpur</td>
<td>BlueBridge</td>
<td>2016</td>
<td>$14.95</td>
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<td>LD</td>
<td>Teaching Outside the Box: Five Approaches to Opening the Bible with Youth</td>
<td>Andrew Zirschky</td>
<td>Abingdon Press</td>
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<td>NFC</td>
<td>The Aging of Aquarius: Igniting Passion and Purpose as an Elder</td>
<td>Helen Wilkes</td>
<td>New Society Publishers</td>
<td>2018</td>
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<td>NFC</td>
<td>How the Woman at the Well Became the Well Woman</td>
<td>Donna Rhoades</td>
<td>Memoir By Donna Rhoades</td>
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<td>NFC</td>
<td>The Life and Ministry of Mary Webster</td>
<td>Anne Mathews-Younes</td>
<td>E. Stanley Jones Foundation</td>
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<td>NFC*</td>
<td>Owen and Eleanor Move In</td>
<td>H. M. Bouwman</td>
<td>Sparkhouse Family Press</td>
<td>2018</td>
<td>$7.99</td>
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<td>NFC*</td>
<td>Who is My Neighbor</td>
<td>Angela Levine and Sandy Isanberg Sasso</td>
<td>FlyAway Books</td>
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<tr>
<td>SA**</td>
<td>A Cage without Bars</td>
<td>Anne Dublin</td>
<td>Second Story Press</td>
<td>2014</td>
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<tr>
<td>SA</td>
<td>The Fig Tree Revolution: Unleashing Local Churches into the Mission of Justice</td>
<td>Bill Medford</td>
<td>Cascade Books</td>
<td>2017</td>
<td>$18.00</td>
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<tr>
<td>SA</td>
<td>Holding Up Your Corner: Talking About Race in Your Community</td>
<td>F. Willis Johnson</td>
<td>Abingdon Press</td>
<td>2017</td>
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<td>SA</td>
<td>Immigration and Justice for Our Neighbors</td>
<td>Jennifer Clarke and Mariam Downey</td>
<td>Celery City Books</td>
<td>2017</td>
<td>$10.00</td>
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<td>SA</td>
<td>Loaded: Disarming the Second Amendment</td>
<td>Roxanne Dunbar-Ortiz</td>
<td>City Lights Books</td>
<td>2018</td>
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<td>SA</td>
<td>Midnight Teacher: Lilly Ann Granderson and Her Secret School</td>
<td>Janet Halfmann</td>
<td>Lee and Low Books</td>
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<td>SA</td>
<td>They Will Inherit the Earth: Peace and Nonviolence in a Time of Climate Change</td>
<td>John Dear</td>
<td>Orbis</td>
<td>2018</td>
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<td>SA**</td>
<td>We Kiss Them with Rain</td>
<td>Futhi Ntshingila</td>
<td>Catalyst Press</td>
<td>2018</td>
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<td>SA</td>
<td>What Comes with the Dust</td>
<td>Gharbi M. Mustafa</td>
<td>Arcade Publishing</td>
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<td>SA*</td>
<td>Where Will I Live</td>
<td>Rosemary McCarney</td>
<td>Second Story Press</td>
<td>2017</td>
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### Easter Stories: Classic Tales for the Holy Season
- Multi-authors including: C. S. Lewis, Leo Tolstoy, Oscar Wilde, etc.
- Plough
- 2015
- $18.00

### God Unbound: Wisdom From Galatians
- Elaine Heath
- Upper Room Books
- 2016
- $9.99

### If I should Die Before I Live: Meditation for Seniors
- Richard Renwick Smyth
- Logos Books
- 2017
- $14.95

### The Magnificent Story: Uncovering A Gospel of Beauty, Goodness and Truth
- James Bryan Smith
- IVP Books
- 2017
- $22.00

### Raising World Changers in a Changing World: How One Family Discovered the Beauty of Sacrifice and the Joy of Giving
- Kristen Welch
- BakerBooks
- 2018
- $14.99

### Resist and Persist: Faith and the Fight for Equality
- Erin Wathern
- Westminster John Knox Press
- 2018
- $16.00

### We Pray With Her: Encouragement for All Women Who Lead
- Emily Peck-McClain, Danyelle Trexler, Jen Tyler, J. Paige Boyer, Shannon Sullivan
- Abingdon Press
- 2018
- $17.99

### Working Class Rage
- Tex Sample
- Abingdon Press
- 2018
- $17.99

### The Writings of John Wesley
- Keith Beasley-Topliff
- Upper Room Books
- 1997
- $7.99

### El Pueblo Seguira
- Simon Ortez
- Lee and Low
- 2017
- $9.95

### Public Faith in Action: How to Think Carefully, Engage Wisely, and Vote with Integrity
- Miroslav Volf and Ryan Meannally-Linz
- Brazos Press
- 2016

### Refugee: Continuous Journey for Hope
- Youngsik Ha
- Four Seasons
- 2017

### Spiritual Leadership
- Jaehyuk Jin
- Durano
- 2015

### Befriend: Create Belonging in an Age of Judgment, Isolation, and Fear
- Scott Sauls
- Tindale House Publishers
- 2016

### What About Our Money? A Faith Response
- Susan Taylor
- United Methodist Women
- 2018
- $10.00

### Women United for Change: 150 Years in Mission
- Ellen Blue
- United Methodist Women
- 2019
- $10.00

### So you want to talk about race
- Ijeoma Oluo
- Seal Press
- 2018
- $27.00

### Practicing Resurrection: The Gospel of Mark and Radical Discipleship
- Janet Wolf
- United Methodist Women
- 2019
- $10.00

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**LEGEND:**

- **EFM** Education for Mission
- **KO** Korean titles
- **LD** Leadership Development
- **NFC** Nurturing for Community
- **SA** Social Action
- **SG** Spiritual Growth
- **SP** Spanish titles
- * Suitable for Children
- ** Suitable for Youth

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Page 2 of 2
COMMUNICATIONS

As I work on this issue of the Pacific Waves Newsletter, I find joy in all the articles written to keep us all informed. It is very sad to see so many jobs in jeopardy, school closures, events cancelled due to the Coronavirus situation. We will prevail through lots of prayer, keeping in contact by social media, cards and letters and phone conversations. Remember to stay in contact with those who are by themselves and isolated from family and friends. You will brighten their day and they will so appreciate the contact.

In February, we had a wonderful Mid-Winter event at Simi Valley UMC with an excellent program by Carol Barton on ‘Economic Inequality’. We enjoyed singing, fellowship and Communion. Let us look forward to all of that again in the near future. Be safe and stay healthy.

Blessings,
Lisa Kadowaki | Cal-Pac UMW Communications Coordinator
smidgetslk@gmail.com | umwcalpaccommunications@gmail.com | 805-236-3370

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Cal-Pac UMW Mid-Winter

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<th>Publish Month</th>
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<th>Distribution Date</th>
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<td>September 2020</td>
<td>August 15, 2020</td>
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SPIRITUAL GROWTH

My Dear Sisters,

5 For God alone my soul waits in silence,
   for my hope is from him.
6 He alone is my rock and my salvation,
   my fortress; I shall not be shaken.
7 On God rests my deliverance and my honor;
   my mighty rock, my refuge is in God.
8 Trust in him at all times, O people;
   pour out your heart before him;
   God is a refuge for us.

Psalm 62:5 - 8

We are currently living in an unfamiliar time, a time of uncertainty and fear. Let us be still and wait in silence gaining strength from the hope we have in God who is our rock and our fortress. With this certainty, we can proceed with grace through the next few weeks and months, knowing that we are not alone. Let us put our trust in God and take refuge in the power of the Almighty.

Let us pray
We pray for our world.
We pray for wisdom for our leaders.
We pray for those who suffer from illness.
We pray for those who are providing healing.
We pray for those who are facing economic hardships.
We pray for those who are providing help for the needy.
We pray for healing, for support, for cooperation, for kindness.

Give us the wisdom to know when to be still and when to act.
Give us the peace that we need to cope with each day.
We pour our heart out to you God knowing that you are with us.
We thank you for comforting us with your steadfast love.
We thank you because we know you will be with us always.
Amen

With my prayers for the safety of each and everyone of you,

Polly Petersen | Spiritual Growth Coordinator | pollypetersen53@gmail.com | 619-721-1473
Prayer & Responsive Reading for those affected by Coronavirus
From National United Methodist Women

17 March 2020

ONE: Holy One, we come to you in this moment of uncertainty and unchartered territory – facing this unprecedented global pandemic. Amid universal fear, panic, confusion and anxiety, please remind us that you are the God that calmed the storm and made the winds to cease. We cry out to you!

MANY: Hear us O God of peace.

ONE: Benevolent Savior, you have called us to be your hands and feet in this world. As we face this crisis together, help us remember to be mindful of how we speak to, live with and treat one another. May we truly seek to love our neighbors as we love ourselves.

MANY: Hear us O God of compassion.

ONE: Master Physician, there are millions now in desperate need of your healing touch. Look now upon those who are at highest risk – the immunocompromised, the elderly, those who have existing chronic health conditions, cancer patients, transplant recipients, dialysis patients, those who have been exposed to COVID 19 and are seeking testing or immediate medical attention.

MANY: Hear us O God our healer.

ONE: All seeing God, look upon those who are now living in isolation, those who must be separated from loved ones for safety reasons, those who are single and/or without support systems, the disabled, those who are already living with mental disease, emotional and psychological disorders, those who are poor and already do not have access to health care or social services. Help them know that social distancing, does not mean social disconnection. Help us be the community that we seek.

MANY: Hear us O God of mercy.
ONE: Loving God, hear the cries of those who have lost loved ones, to this virus or other ailments and cannot postpone their grief, but must refrain from gathering to care for the living even while mourning their beloved who have died.

MANY: Hear us O God of comfort.

ONE: Discerning God, touch now those who are in decision making positions, in governments, churches and corporations, and the like; help them to realize that their choices directly impact the lives and futures of our families, communities, countries and the wider world. Help them choose people or politics and the health of humanity over the wealth of individuals and profiteers.

MANY: Hear us O God of wisdom

ONE: God of justice and care, we pray for all medical professionals, caregivers, researchers, teachers, first responders, law enforcement, school officials, those making decisions about fighting the new coronavirus. For the small business owner, the hourly wage worker, the uninsured, and all those who will feel the economic impact of this pandemic on every level. Inspire those in position to develop better tests to diagnose the virus, vaccines to prevent it, and protocols and communication to eliminate the spread. May empathy be our guide.

MANY: Hear us O God of protection and grace.

ONE: Liberating God, remind us that we are still on the journey with Jesus during this Lenten Season. Restore our hope, renew our joy and give us your strength and remind us that resurrection will surely come.

MANY: Hear us O God of grace.

Written by Rev. Dionne P. Boissière, MDiv.
Dear Sisters in Christ,

As I sit to write this article for our Pacific Wave Newsletter’s Spring Issue, I am torn as to what message or thoughts I should share with you during this point in time.

The deadline for the submission of our 2019 UMW online Census has been extended to April 30, 2020. You may access the Census by clicking below:

https://secure3.convio.net/umw/site/SPageNavigator/Census_2019.html

The arrival of the Coronavirus has turned our world upside down. In my lifetime, I don’t think I have experienced such uncertainty, fear, and anxiety in my everyday life. I am told that I belong to a category of individuals considered at high risk for contracting the virus and probably dying from it. I am well over 60 years of age, have a compromised immune system, and have asthma, a chronic health issue. Yikes......!

The President has instituted an extensive travel ban, the financial markets are plummeting, and reports of people hoarding and fighting over toilet paper, hand sanitizers and disinfectants is mind boggling. Many public events and Sunday Worship Services have been canceled and entire school districts have closed.

What to do in the face of such uncertainty? Go online and fill out our 2019 UMW Census? That would be great but, I’m sure we all have more urgent matter facing us. The present circumstances around the world have caused each of us to rethink our priorities. I told myself that I wasn’t going to stress over the deadline and decided on filling out as many of the forms myself based on Conference Form 23.

I started reading a recommended supplemental Mission u study text for instructors that I had been avoiding for a while. The title became very attractive to me considering the recent events and the emotions I was feeling. The book’s title, ‘Why Zebra’s Don’t Get Ulcers, The Acclaimed Guide to Stress-Related Disease and Coping.’ Just what I needed! United Methodist Women always to the rescue, relevant and on the cutting edge. As the mayhem around me began to unravel, I devoured the words and felt a sense of control and hope. My free-floating anxiety and worry soon dissipated. I know worry doesn’t do anything except make matters worse. I was able to relate to many of author, Robert M. Sapolsky’s findings.

Here are a few thoughts that I feel are worth sharing with you based on my reading. Hope for the best and try to be positive, but at the same time, allow yourself to prepare for the worse case scenario. It’s okay to want to control stressors in the present but avoid trying to control things in the future. It is generally helpful to seek predictable and accurate information. Find a healthy outlet for your stress. It is important to nurture social relationships for support. Be patient. Be flexible and wise in your choices.

Personally, I try to draw close to the Lord in Prayer. I try to put my faith in God, and I ask him for strength and courage to overcome the fear of the unknown and to give thanks for the joy of living in the present. May we be a blessing and a source of strength to those around us during these difficult times.

Julieta M. Salazar | Cal-Pac UMW Membership Coordinator | Los_salazar1@yahoo.com | 818-469-6902
Dear Sisters,

We are already three months into the year 2020. The first year of our aspiration of the next 150 years, as stated by the Legacy Campaign. Thinking about what to write, the Parable of the Sower came to mind. Our foremothers heard the need in India and decided to do something about it, to help women and children improve their living conditions. They shared what they wanted to do with others, raised funds and in two years were able to raise enough funds to send an educator (Isabel Thornton) and a medical doctor (Clara Swain) to India. That looks like yielding more than a 100-fold to me.

Do you remember when you said “Yes” to joining the United Methodist Women? What has your yield been? Do you still have the passion with which you said “Yes”? Life has its pressures and, at times may feel like throwing in the towel, or doing minimal to the cause of UMW. Others are sharing their Gifts and Graces and stepping in to serve as needs come up. Shall we all aspire to be the latter, so we can pass on the torch to our children, grandchildren, nieces and friends so our organization can bring much good to the next generations.

On February 22, we had an eye-opening time with Carol Barton, a National UMW executive officer at our Mid-Winter Event in Simi Valley. The drive was long for most of us, but it was worth the perfect scenery of the hills and the valleys and the hospitality of our sisters at the Simi Valley UMC. Rev. Andy Mattick was wonderful as the host pastor. The Lord even held back the rain that was supposed to fall that day, just a few sprinkles here and there that freshened the air for us. We had a wonderful message regarding getting involved in the ‘Living Wage for All’ campaign. The statistics on the disparities in wages are quite discouraging. We learned that the United States of America and Papua New Guinea are the only two countries in the world that do not offer maternity pay for all women. This is a sad commentary on our country, the richest and the most advanced country in the world. We were encouraged to sign and send in petitions to end this practice.

We also celebrated the Local Organizations for their achievements in 2019. Forty-nine Local Organizations achieved Mission Today status. This number can easily be doubled if you plan towards activating it at your Local Organization now. I hope you all recite the Pledge during your meetings. One of the officers can draw attention to an article from the Response Magazine. You pray for a mission or a staff person in the Praying Calendar, or volunteers to send a card to a missionary or mission outpost. You make and meet your pledge to the District. There, you have four of the required items in the Mission Today Criteria. Please take a copy of the Mission Today Criteria (on Pgs.19-20) to your next meeting and decide which of the eight or more items or projects that you can undertake based on your strength and resources. Let us work together to make this year a hundred-fold year. God bless us all.

Sophia Blankson | Mission Education and Interpretation Coordinator
sblankson@sbcglobal.net | 909-822-8597
2020 MISSION TODAY CRITERIA

To become a Mission Today Local Organization, the Local Organization (LO will be used instead of Local Organization below) must meet EIGHT (8) of the following criteria, including a minimum of FOUR (4) of those marked with an Asterisk (*).

Return To Your District Mission Education Coordinator no later than: December 15, 2020

District Mission Education Coordinator’s Name:

Address, E-mail: 

Local Organization Name: 

Contact Name: 

E-mail / Phone: 

☐ * Use the Prayer Calendar at EACH general meeting of the LO to pray for persons in mission & for our mission work with women, children, & youth.

☐ * The LO will lead their members in the UMW purpose EACH meeting.

☐ * The LO will make and meet its pledge to mission.

☐ * The LO will add at least TWO members to its roll.

☐ * The LO will have at least TWO members subscribing to response magazine. (Order from the Mission Resource Center)

☐ * The LO will use TWO programs from the Program Book for UMW each year.

☐ * The LO, circle, or subgroup will conduct at least ONE Mission Study a year. (Contact your Dist. or Conf. to learn what the studies and textbooks are for each year).

☐ * The LO will implement the Charter for Racial Justice Policies in at least TWO ways during the year. Suggested plans of action:
  1. ENCOURAGING a joint Vacation Bible School.
  2. ENCOURAGING pulpit exchanges.
  3. SHARING joint worship services on special occasions.
  4. ENCOURAGING support for equal employment practices in the church & community.
  5. CONTACT your Conference Committee on the Charter for Racial Justice Policies for further action plans.

☐ The LO will ADD or ENCOURAGE their LO’s Young Women’s or Youth Circle.

☐ The LO will ADD or ENCOURAGE their LO’s Language Group Circle.

☐ HOLD a joint LO meeting with a LO of a different racial/ethnic background, using programs from the Program Book.
DEVELOP a bi-racial/cultural or multi-racial/cultural Koinonia group.

At least ONE member of the LO other than a Conf. or Dist. officer will attend the Conference or District School of Christian Mission.

At least TWO members of the LO other than a Conf. or Dist. officer will attend the District or Conference Annual Celebration.

At least TWO members of the LO will attend any Young Women's Event in the Cal-Pac Conference.

At least FIVE members of the LO will attend any event with emphasis on UMW 101 or any Language event in the Cal-Pac Conference.

The LO will have at least ONE person join the United Methodist Women's Action Network to receive & respond to legislative information. (To join, call the Women's Division Washington Office at (202) 488-5660 or write to UMW Action Network, 100 Maryland Ave. NE, Suite 530, Washington, D.C. 20002).

Members shall write to FIVE persons listed in the Prayer Calendar at least twice a year.

The LO will participate in the Campaign for Children in at least TWO ways. Possibilities for action:

1. HELP sponsor a church or community program related to children and youth needs.

2. SPONSER a Children's Sabbath, promoted by the Children's Defense Fund.

3. GET INVOLVED with children in mentoring, tutoring, and "big sisters" programs.

4. WRITE letters, e-mail, or call Congressional representatives and/or others in government regarding children's issues.

5. LEARN how our schools are funded.

The LO will BE a Five Star LO, contributing to ALL FIVE channels of Mission Giving.

Each LO, circle, or subgroup will INCLUDE a mission moment where an article from response or New World Outlook magazines will be lifted up as a way to tell the mission story.

Have at least TWO persons from the LO, circle, or subgroup complete one of the Reading Program Plans and report on at least ONE of the books read.

The LO will invite a Dist. or Conf. officer, other than a member of the LO, to ONE of the LO meetings during the year.

Make a PLEDGE to care for God's creation and become a "Green" UMW LO (How to Become a Green LO at umwonline.org/environment or contact Women's Division Office of Community Action).

HOLD a Mini – Spiritual Growth Retreat (For addition information contact the Women's Division Office of Spiritual Formation and Mission Theology).

The LO will have at least TWO persons visit one of the national mission sites within the Cal-Pac Conference.

Other Mission Work:
**YOUNG WOMEN’S COORDINATOR**

“If you persist in staying silent at a time like this; help and deliverance will arrive...

for someplace else... who knows? Maybe you were made Queen for such a time like this.”

-Ester 4:14

TO EQUIP YOUNG WOMEN OF FAITH TO TRANSCEND BARRIERS AND TO DO JUSTICE IN THEIR COMMUNITIES BY PUTTING FAITH, HOPE AND LOVE INTO ACTION.

February 22, 2020, we had our Conference Mid-Winter Event in California and Hawaii focusing on ‘Economic Inequality’. Please watch for any District Limitless events that will be going on throughout the year. Feel free to attend any District Limitless event (you do not have to belong to that specific District to attend). Currently we have East and West District Limitless members and are looking for those who want to serve for the North, South and Hawaii Districts. If you are interested, please contact me with your name and number. I look forward to working with Limitless to encourage the next generation of women to get involved and step forward into Cal-Pac UMW.

UPCOMING EVENTS TO LOOK OUT FOR:

**MISSION-U**

EVENT IS JULY 17-19TH, 2020

AZUSA-PACIFIC UNIVERSITY (CALIFORNIA)

POSTPONED

Check with District & Conference Officers for updates

West District Limitless had a Bible Study with Jane on February 15th that went really well. Each individual binder came with great study materials. Unfortunately, the March 21st Bible Study was postponed due to the Covid-19 situation. Please contact a West District Limitless Officer or myself should you have any questions about the future dates of these bible study. The West District is planning upcoming events so please stay tuned! East District Limitless has upcoming plans as well and once everything is finalized, they will be putting out the word of the events. Hawaii District Limitless had an event on December 13 that went well too. Due to the Covid-19, we will be cancelling our April 4 event and instead having a bible study on our Hawaii Limitless Facebook page.

For more information, Please Contact: Nicole Nonies, Cal-Pac Young Women Coordinator

WEBSITE: www.calpacumc.org/umw/
FACEBOOK: @CALPACUMWLIMITLESS
EMAIL: UMWYOUNGWOMEN@GMAIL.COM
INSTAGRAM: @CALPACUMWLIMITLESS
Cal-Pac UMW Limitless

WHAT IS LIMITLESS?

Limitless is a United Methodist Women Life Mentoring Program for Young Women. This UMW ministry is designed for youth, young adults, and young women of faith to actively engage in ministry and motivated by faith, hope, and love in action by becoming involved within our Young Women Ministries; Local churches; Communities; Districts; Conference; Global Ministry; but most importantly is our UMW Missions.

VISION STATEMENT

Limitless Young Women in Action is a diverse community of sisters in Christ to stand for young women of today and tomorrow; promoting spiritual growth through acts of compassion, peace, and justice.

HOW TO GET INVOLVED

Age Group: 12 - 45

- Have the Passion to serve others
- Have a strong spiritual growth

Limitless has a Young Women’s Coordinator and Mentor Representative for each District.

We are still looking for some of the following positions, per District, for a two year serving terms or four years maximum from 2020 to 2022 and 2022 to 2024.

- Hawaii District Young Women’s Coordinator
- Hawaii District Mentor
- North District Young Women’s Coordinator
- North District Mentor
- South District Young Women’s Coordinator
- South District Mentor

Each district can have a limitless team filled with Limitless representatives but they will only be part of the district team.

LIMITLESS MEMBERS

Please contact the following people in your district if you have more questions:

- Cal-Pac Conference Young Women’s Coordinator: Nicole Nonies
- East District Young Women’s Coordinator: Lesieli Vao
- East District Mentor: Taufa Kli
- West District Young Women’s Coordinator: Pua Kaihau-vake
- West District Mentor: Ainise ‘Isama’u

Limitless has a Young Women Coordinator and Mentor Representative for each District. We are encouraging each district to allow high school and college representatives to be a part of the Limitless district team as members.

Please contact Nicole Nonies (umwyoungwomen@gmail.com) if you or someone you know would like to participate in the Limitless program.
Mission u 2020 Update

I am sad to inform you that our venue for our July Mission u, Azusa Pacific University, has cancelled all of their 2020 summer conferences because of COVID-19.

The good news is the UMW Conference Team has decided to hold two, one-day Mission u events, August 22 and August 29, provided the pandemic is over and we are allowed to congregate with our friends once more. Our wonderful study leaders have set aside both dates to teach their classes, so we won’t miss the amazing information they are learning right now.

Our plan is to have one Mission u event in East District and one in South District. The cost will be: $50/adult, 18 years and older; $20/child or 2 Siblings for $35, with each additional child $20. Babysitting will be available for children under 7 years old, with advanced notice.

Our class choices remain the same: Finding Peace in an Anxious World (in English, Tongan, Spanish, and Korean); Women United for Change: 150 Years in Mission (English only); Pushout: The Criminalization of Black Girls in Schools (English only); Managing Anxiety: A Youth Study; Managing Our Emotions: A Children’s Study. We hope to have virtual learning for our sisters in Hawaii.

Details of our Mission u events will soon be on our website: www.calpacumc.org/umw.

Stay safe, stay well, and we’ll meet in August!

Barbara Miller | Mission u Dean | barbara@lantoga.net | 626-327-0914

2020 Spiritual Growth Study: Finding Peace in an Anxiety World

This is a study on how to use strategies to experience peace and find refuge, even while living in a world full of trouble.

Issue Study: Pushout – The Criminalization of Black Girls in Schools

Pushout shows how even with obstacles, stigmas, stereotypes and despair, black girls still find ways to breathe remarkable dignity into their lives in classrooms, juvenile facilities and beyond, and challenges the rest of us to do the same.

Women United for Change: 150 Years in Mission

United for Change is the second in a two year study commemorating United Methodist Women’s 150th anniversary in 2019 and the movement that brought women into the forefront of Christian ministry.

Managing Anxiety: A Youth Study

In Managing Anxiety, youth will get a foundational understanding of anxiety and other emotions while finding practical ways they can manage them using our Christian faith as a guide.

Managing Our Emotions: A Children’s Study

Managing Our Emotions helps children learn about their emotions and accept God’s gift of their entire range of emotions.
Gifts & Graces Inventory
Potential Leaders Information Form
(to be completed by potential leader)

Type or Print (attach additional sheets as necessary)

Name: ________________________________ Date: __________________

Address: _____________________________________________________________

Telephone: (hm) _________ (wk) _________ Email: _________________________

Member of Local Church: __________________________ District: ____________

Age: 20’s ___ 30’s ___ 40’s ___ 50’s ___ 60’s ___ 70’s ___ 80’s ___

Languages Spoken: __________________________ Racial/Ethnic Group: __________

Employed: No ______ Part Time ______ Full Time ______

Professional skills, job experience _______________________________________

Office(s) held in United Methodist Women:
Local: __________________________________________ Date of Service:

District: __________________________________________ Date of Service:

Conference: ______________________________________ Date of Service:

Jurisdiction: ______________________________________ Date of Service:

Additional experience on the local, district, conference or general church level (other than United Methodist Women), or in the community:
__________________________________________________________

_________________________________________________________________

How will your spiritual journey strengthen your commitment to serve on the Conference Leadership Team?
_________________________________________________________________

_________________________________________________________________

1/20
Imbentaryo Ng Handog at Biyaya
Form Nang Impormasyon Para Sa Potensyal Na Mga Pinuno
(Kukumpletuhan ng mga potensyal na pinuno)

Typo o Tatak (Maglalip ng karagdagang mga pilyego kung kinakallangan)

Pangalan: __________________________
Tirahan: __________________________
Telepono: (Bahay) ________ (Trabajo) ________ Sulatroniko: __________________________
Miyembro ng local na simbahan: __________________________
Distrito: __________________________
Sdno: 20's ___ 30's ___ 40's ___ 50's ___ 60's ___ 70's ___ 80's ___
Wikang Sinasalita: __________________________
Lahi/Pangkat Etniko: __________________________
Nagtratrabaho: Hinto ________ Oras bahagi ng trabaho __________________________
Su lahat ng panahon __________________________
Propesyonal na mga karanasan, Karanasan sa trabaho __________________________

Opisining hawak sa Nagkakaisang Kababaihang Metodista:

Lokal __________________________
Distrito __________________________
Komperensya __________________________
Huisidiksyon __________________________

Karakdagang karanasan sa local, distrito, komperensya o pangkahahang antas ng simbahan
(mabiba sa Nagkakaisang Kababaihang Metodista) o sa komunidad:

______________________________

Paiomo mo patalaksana ang iyong pangako sa espirituwal na pagbabalikay upang maglingkod
sa Komperensya ng mga pamilya ng koponan.

______________________________

1/20
***달란트와 은혜 나누기***
장재적인 지도자 정보

(장재적인 리더들을께서 작성해 주세요)

이름

주소

전화번호 (월) (전화번호) 이메일

출생교회 District/지방

나이: 20대 30대 40대 50대 60대 70대 80대

사용하실 수 있는 인원(원) 연층/나라

직업이 있으시나요?: 아니오 파트타임 주간타임

전문적인 기술이나 직업 경험이 있습니다.

유관기관교회(UWM)에서 성장 직위(들):

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지방 (District)

연합 (Conference)

관함구역 (Jurisdiction)

다른 주야 지역/교회/지역/연합/봉사 경험이 (연합목회자선교회 경험 제외)이 있으시면 적어 주세요.

당신의 영적 이경이 이 연회리더들에게 복사하였다는 당신의 헌신을 어떻게 감화시켜 줄 수 있습니까?

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Inventario de Talentos

Forma de Información para Líderes Potenciales
(a ser completada por posibles líderes)

Favor de escribir en letra de molde o computadora (Añada páginas adicionales de ser necesario)

Fecha__________________________

Nombre: ____________________________

Dirección: ____________________________

Teléfono (C) __________ Trabajo __________ Dir. Elect. __________

Iglesia Local: ____________________________

Distrito ____________________________

Edad: 20's ___ 30's ___ 40's ___ 50's ___ 60's ___ 70's ___ 80's ___

Empleado: No_____ Parte del tiempo____ Tiempo completo____

Habilidades profesionales, experiencia de trabajo __________________________

Puestos que ha ocupado con las Mujeres Metodistas Unidas:

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Experiencia adicional a nivel local, distrital, conferencial o iglesia general (No relacionada con las Mujeres Metodistas Unidas) o en la comunidad: __________________________

Cómo cree usted que su jornada espiritual fortalecerá su compromiso para servir en la Conferencia __________________________
### Tukunga Koloa 'o c Me'a'ofa & Kelesi

**Foomu Fakaikiiki/Fakamatala 'o c Tokotaha Taki**
(ke fakafonu 'e he tokotaha taki)

**Taipe'i pe Fakafonu (fakakau mai mo ha peesi 'oka siema'u)**

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**Taukei pe Poto? Ngaue**

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**Lakanga 'i he Potungae 'a Fafine he Metotisi:**

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Poto'i ngaue 'i he levolo fakako, fakaevahe, fakakonifelenisi pe 'i he siasi (o 'ikai ko e Potungae 'a Fafine 'i he Metotisi), pe ko e komiunid:

---

'A anga fefe'e e fakamahiti ho'o fonouga fakaualalie 'i ho'o tukupa ke hoko ko e taha 'o e Kau Taki he Konifelenisi?
Methodist Hospital Auxiliary

March 15, 2020

Methodist Hospital is a mission project of our Conference. The hospital was started by United Methodist Women and we continue to serve on the board of directors and give our support to the hospital through the chaplaincy program and the auxiliary.

By choosing to become a member of the auxiliary, your Organization can support the program even if you are a distance away from the physical location. My hope for the new year is that each Local Organization will join the auxiliary and thereby lend their support to the chaplaincy program. These chaplains who serve the hospital are amazing and bring needed comfort to patients and staff. As I work in the gift shop, I hear stories of their service and help and how much of a difference their presence made in the recovery of the patient.

It does not cost a lot to join the auxiliary. Your membership supports the work of the gift shop which directly funds the chaplaincy program at the hospital. This year we were able to donate over $100,000 to that program. At the hospital we currently have 12 chaplains that minister to the staff and patients at the hospital. All except for Reverend Brenda Simons, who is appointed by our Bishop, are interims who are preparing to enter that field of ministry. It is a great program and encompasses many faith traditions so that we can address the needs of all who come to Methodist for healing.

If you live close, I encourage you to consider volunteering in the gift shop or other places in the hospital. It is a very rewarding experience and, for me, brings great joy.

If you would like to have a speaker come to your unit and share with you more about the hospital and the work being done on your behalf, please contact one of the auxiliary board members.

I look forward to seeing you at the hospital.

Kandy Nunn
President, Auxiliary
kandynunn@gmail.com
United Methodist Women Supports Arcadia Methodist Hospital's NEW REHAB UNIT CAMPAIGN

BECAUSE WE CARE . . . UMW Pledges $100,000

As one of Cal-Pac Conference's local project. UMW has a special history and connection with Arcadia Methodist Hospital. It is a premier health care and service provider which continues to grow and excel in its services.

BECAUSE WE CARE . . . UMW has pledged $100,000 to this New REHAB Unit campaign. This new Rehabilitation Unit will be built on the 3rd Floor of the Berger Tower. Care and healing will be given to patients at this new unit with:

- 30 beds in 25 new and larger rooms
- New and advanced equipments
- Expanded physical therapy services
- Rehabilitation physicians and nurses; physical, occupational, and speech therapists.
- . . . and more

HOW TO DONATE:

Let's give our support to this worthy cause. If you wish to donate -

Local Organizations:
- Make checks payable to your district's UMW
- Submit to your district's Treasurer
- On check's memo - write Methodist Hospital REHAB Unit

Districts:
- Make checks payable to Cal-Pac Conference UMW
- On check's memo - write Methodist Hospital REHAB Unit

Updates on funds collected, by districts, will be published in Pacific Waves Newsletter.
Find the forms you need on our website:
www.calpacumc.org/umw

Gifts and Graces
Mission Today

It’s easy to get to our website.
Click on or copy and paste this link: www.calpacumc.org/umw
to your browser.

Action Alerts

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