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Message from the South District UMW President

Dear Sisters in Christ,

I pray that you are well and standing firm in your faith. It has been awhile since we have been able to gather and fellowship. Even though our normal has been turned upside down and the order of our lives has changed, what we are called to do as United Methodist Women has remained the same.

- We are still called to advocate for women and children who are in abusive situations.

- We are called to advocate for those in fear of being evicted.

- We are called to advocate for those who do not have sick leave.

- We are called to advocate for climate justice, maternal and child health.

- Criminalization of communities of color and mass incarnation and school to prison pipeline.

- We can advocate by mail or phone calls to our elected officials.

United Methodist Women Supports Arcadia Methodist Hospital's New Rehab Unit. We have pledged $100,000 toward this worthy cause. Let us give our support to this worthy cause. If you wish to donate:

- Send your remittance to your District’s UMW Treasurer’ and indicate amount designated to the Methodist Hospital Rehab Unit.

The United Methodist Women has fought for racial justice an exceptionally long time and considering the recent tragic events confirms that we still have a lot of work to do. As an organization we have a responsibility to make sure we are doing our part to foster equality, empathy, and kindness. In recent months we have had to deal with the issue of racism in America. Racism is surely a difficult subject; however, we must be willing to engage in uncomfortable conversations so that we can come to terms with our own feelings and the feelings of others. Peace to all of you who are in Christ,

Edna Smith, South District UMW President
A Note from your South District Vice President

Hello Dear Sisters-in-Christ:

I sincerely pray all is well and you’re not going too crazy with the quarantine! I know I am and I miss our United Methodist Women’s gatherings, just as I’m sure you do! This has truly been an adjustment for all of us, during this pandemic.

Things have been rather quiet these past few months, but your District Leadership Team has been busy planning our Annual Celebration, which will be virtual this year. Save the date for Saturday September 19th. Time TBD. Our theme this year will be, “It’s A New Day”. We have a wonderful guest Speaker planned from our Cal-PAC Conference Executive Board. You will be very excited when you hear who it is. At our Celebration we will also be electing our new 2020-2021 Leadership Team. I know we still have a few openings left to fill. If you are interested in serving on your South District Board, please contact myself or our President, Edna Smith at (619) 869-9790. We have a need for an additional 3-4 ladies to complete our Nominations Committee. We also need someone to be our Mission Education Coordinator. So PLEASE consider joining our team. Our Southern District needs you and your voice (District-wide).

Now an update on another South District Mission, New Entra Casa. Our long time Executive Director, Kim Kelly-Dunn recently resigned from her position, after 19 years. She decided it was time to seek other employment that would consume less of her personal time and energy. Her last day was June 15, 2020. Kim will be missed by so many. We do have a new Executive Director. Her name is Julie Brunetto, LMFT, LAADC. She comes to us with many valuable qualifications. I personally look forward to meeting and working with her, when we are able to resume face-to-face meetings and gatherings. Being that I am your Conference Representative at New Entra Casa, I will have this honor.

Due to Covid-19, New Entra Casa has been unable to accept donations from various local United Methodist Women organizations, of clothing, personal hygiene supplies, house cleaning supplies, paper products, etc. However they can accept help in the form of monetary donations. If you or your Local Organization would like to donate, for the cost of these and other necessary items, please submit your check or money order to: New Entra Casa, 3575 Pershing Ave. San Diego 92104 or you may call 619-294-4526.

For those of you who may not know what New Entra Casa is, it’s a home that was created over 50 years ago by the United Methodist Women in San Diego. It houses ex-offender women who need a place to go after they’ve served their time in prison. It gives them a temporary place to live & feel safe while they continue to work on their programs, through the resources offered them at New Entra Casa. Some of the things worked on are breaking their addictions, restoring family ties and the renewal of hope, along with counseling. This assists them in looking towards a brighter future. If you would like
additional information, please feel free to contact NEC. I am sure that once we are meeting in person again, Julie will be invited to come and speak to us.

In closing, I ask that we all continue to pray for each other, our UMW South District and Cal-PAC Conference, our Regional and National United Methodist Women, our individual local churches and the United Methodist Church worldwide. May the Good Lord Bless and keep everyone of you.

~ Linda Walden
South District Vice President
Lswalden1954@gmail.com
(619) 575-0909
Who would have known this time last year that we would find ourselves in isolation, millions out of work, thousands dying of an unknown disease and our entire lives turned upside down. Challenge after challenge coming our way. Our faith being tested beyond what we could ever imagine and yet we as United Methodist Women stand side by side doing what we do best - Mission. Sewing masks for one another, supporting food pantries, working with Neighborhood House. I am reminded of the Negro Spiritual "When the Storms of Life are Raging, Stand By Me." (Go to YouTube to hear a vocal of this song.)

When the Storms of life are raging Stand by Me.
When the Storms of life are raging Stand by Me.
When the world is tossing me like a ship upon the Sea,
Thou who rulest wind and water stand by me.

In the midst of tribulation stand by me,
In the midst of tribulation stand by me.
When the host of hell assails
and my strength begins to fail.
Thou who never lost a battle Stand by Me.

In the midst of faults and failures stand by Me
In the midst of faults and failures stand by Me
When I do the best I can and my friends misunderstand
Thou who knowest all about me Stand by Me.

Let us continue to stand by each other through the storm, drawing strength from one another, pray for one another and call one another.

You will find the 2020 -2021 Nomination Slate on page 10 of this newsletter.

If you are interested in joining our leadership team, please fill out the Gift and Graces form and submit it to your nomination chair whose address is on the upcoming slate found on page 12.

May God Bless each of you and keep you in his care.

Your Nomination Committee
Well, it looks as though we continue to be in a holding pattern. And not just here in Southern California and the United States, but all over the world where women and children and youth not only continue to suffer want and need but to feel it even more than normal. Here is a sample of what your mission dollars are doing:

Crossroads Urban Center in Salt Lake City, Utah, is one of the national mission institutions (NMIs) supported by your generous five-star giving. They are right there in the front lines of service, providing essential services to those impacted by COVID-19, trying to maintain essential services to people as they experience increasing needs due to the economic impact due to loss of wages, childcare facilities not operating, layoffs, and small business closings.

They provide services primarily to the homeless population but are seeing an increase in new families seeking services due to the loss of employment. They have started curbside distribution of their food pantry and voucher program and are working to urge the Governor to announce a moratorium on evictions. They are also advocating for temporary forgiveness of loans for property owners who are willing to defer rental payments. Glenn Bailey, Executive Director, shared the impact of COVID-19 on his staff and clients, “We’re doing all we can. We provide essential services to a vulnerable community, but I also need to consider the health and wellbeing of my staff. It's a balancing act.” [unitedmethodistwomen.org/nmi Mission Stories]

Mission Giving, mission money used for any part of United Methodist Women mission work, provides funds to which all mission programs have access. It allows the work of United Methodist Women to reach far beyond our church walls and into the lives of women, children and youth who are often outside the bounds of our traditional ministries. Not all United Methodist Women members can travel the world, especially in this COVID-19 season, but their mission dollars can and do through the Five Channels of Mission Giving.

Thanks and Reminders:

1. Thank you to all who have continued to send in pledges and money from the Prayer and Self Denial offering

2. Candle of Commitment money is due October 1. The form is included in this newsletter.

Unit Treasurers, thank you all for your service. Remember that I am available any time at bobbisimon@gmail.com or at 848.451.0929.

Barbara Simon, South District Treasurer
Candle of Commitment
2020

The Cal-Pac UMW Candle of Commitment represents the cost of our mission work to women, children, and youth in the U.S. and countries around the world. The candle will burn at the Conference Annual Meeting on October 24, 2020 as a way of honoring the Mission-Minded Men and Women in Our Life.

The candle will burn for one minute for a minimum gift of $21.61 per honoree.
Gifts can be given by a Local Organization or an Individual.

Names must be submitted by October 1, 2020

Cut here and keep the top half for your records. One form per person to be honored, please

Name of Honoree:

[ ] In Honor of  [ ] In Memory of

Person/Local Organization submitting the name:  Amount:

PLEASE SEND THIS FORM TO YOUR UMW DISTRICT TREASURER ALONG WITH A CHECK PAYABLE TO [Your District] UMW

SOUTH DISTRICT UNITED METHODIST WOMEN
### Quiet Disciple Honorees 2020

<table>
<thead>
<tr>
<th>Laguna Beach United Methodist Women</th>
<th>Burnetta Tate</th>
<th>Lemon Grove United Methodist Women</th>
<th>Debbie Sohl</th>
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<tbody>
<tr>
<td>La Mesa First United Methodist Women</td>
<td>Carol Conger-Cross</td>
<td>Community United Methodist Women</td>
<td>Suzanne Morgan</td>
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<tr>
<td>Murrieta United Methodist Women</td>
<td>Carol Scott</td>
<td>Nestor United Methodist Women</td>
<td>Chris Wichstadt</td>
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<td>Orange First United Methodist Women</td>
<td>Sam Fast</td>
<td>James Sweeney</td>
<td>Brian Tochilin</td>
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<tr>
<td>San Diego First United Methodist Women</td>
<td>Claire Jackson</td>
<td>San Dieguito United Methodist Women</td>
<td>Joan Scheppke</td>
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<tr>
<td>St. Mark's United Methodist Women</td>
<td>Pam Radar</td>
<td>St. Paul United Methodist Women</td>
<td>Richard Hayes</td>
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<tr>
<td>Shepherd of the Hills United Methodist Women</td>
<td>Patty Johnson</td>
<td>Vista United Methodist Women</td>
<td>Heidi Kendall</td>
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**First United Methodist Women of San Diego Quiet Disciple Honoree – Claire Jackson**

Our choice this year is truly one of those ladies who is quietly involved "everywhere" in the church and has community involvement, such as the "Knit-a-Bit" library group, as well. To begin, Claire Jackson is chair of her United Methodist Women Circle, adding to that she always can be counted on to help with UMW events. She enjoys being a member of the Church's contemporary singers, as well as being a regular caregiver in the Church's nursery on Sundays. Also, Claire has stayed overnight when our Church hosts the Interfaith Shelter, fills in for a per-pocket filling. It can easily be seen that Claire helps whenever she's asked. Claire Jackson is a totally dependable, giving lady, and she is delightful to be around, as well.

**Laguna Beach United Methodist Women Quiet Disciple Honorees – Cathy Fry and Burnetta Tate**

**Burnetta Tate:** Burnetta cheerfully works at all kinds of positions with UMW from making coffee and cleaning the kitchen to UMW Treasurer Officer, overseeing the details of the Silent Auction, Chairwoman of UMW Spring Tea, etc.and much more. She works behind the scenes and is also very visible at times, doing an excellent job at anything she takes on. She also has been over Stewardship for our church for the last three years and volunteered for many church events. She is a board member on Church Council. She is totally a Quiet Disciple for UMW and our church. Well deserved!

**Cathy Fry:** She is, of course, a wonderful person. I don't know anyone who doesn't like her. She's always friendly, curious, and interested in others. And she does a lot. Even during the quarantine, she's been turning out those adorable girls' dresses, pillows, and whatever else enters her creative mind. She hosts Craft Days when we're working on all
our cylinders, and she's the heart of UMW's Boutique. She has held many positions on the UMW Board for many years and guides us as needed. I'm sure that she even did more in the days before we joined the church, but she is a role model for me and others, I'm sure. I once called her "estimable," and John said, "What does that mean?" The dictionary says it means "being worthy," and she is definitely worthy of being our Quiet Disciple.

**La Mesa First United Methodist Women Quiet Disciple Honoree – Carol Conger-Cross**

We polled all of our members, and all agreed that her presence is a gift and an example that enriches the church, community, and local United Methodist Women. Carol's 29 years of mission to those much less fortunate in Guatemala make her very worthy of the Quiet Disciple honor.

**Murrieta United Methodist Women Quiet Disciple Honoree – Carol Scott**

Carol exemplifies the characteristics of this honor by serving our Food Pantry, singing in our choir, supporting our youth by raising monies for camperships, and serving on our Missions Team service projects and many other gifts of service to her community as well.

**Nester United Methodist Women Quiet Disciple Honoree – Chris Wischstadt**

Chris has been a member of our church since 9/21/1986, almost 34 years. He has served on various church committees during this time and is always there when you need him to lend a hand. Chris is ALWAYS busy doing God's work at Nestor and never expects a pat on the back! If he sees something that needs repair, he does it, no questions asked. Chris works closely with our Coordinator Debby Raysin at the Good Neighbor Center in South Bay and Christ's Ministry Center in Normal Heights. He works endless hours helping to feed & clothe the needy and the homeless. Chris is also devoted to our church choir. And he has served many, many times as Liturgist during both Sunday Worship services. He helps in the setup & takedown of "coffee hour "between services and is always there waiting for you, with a big smile and hug after each service. He helps to clean & decorate our Church campus during special times of the year and holidays. Chris is the true meaning of what a Quiet Disciple is and does. He is reticent by nature, but his work for the Lord is endless.

Thank you, Chris, for your service to us and Nestor UMC. We are so blessed to have you in our congregation. We congratulate you on being our 2020 Quiet Disciple, chosen by Nestor's United Methodist Women, of the South District in the California-Pacific Conference.

May God continue to Bless you in your service to the Lord.

**San Dieguito United Methodist Women Quiet Disciple Honoree – Joan Schepcke**

A Quiet Disciple is someone who usually works behind the scenes, volunteering for those lesser-known tasks that support the whole; stands ready to pick up those loose ends that somehow get lost in the busyness of UMW; often going that extra mile and always with a smile.
San Dieguito's 2020 Quiet Disciple is just this sort of person. Her circle, for whom she co-chairs, adores her. She brings them special programs, help members with their internet skills, enjoys taking pictures of members and events which she compiles into albums.

Her generous nature extends to the general membership where she helps with the boutique, lunches, rummage sale, as well as the model for our Mothers Day Fashion Show Through the Decades. One of her favorite sayings is, "I can do that for you."

Shepherd of the Hills United Methodist Women, Mission Viejo, Quiet Disciple Honoree – Patty Johnson

Patty and her husband Donn have been a part of Shepherd of the Hills for 40 years, having raised their daughters here.

Through the years, Patty has served on many committees and supported the church family in many ways. She has helped with Vacation Bible School and been involved with many Bible study groups, here and in the community.

She loves to coordinate the worship communion table for seasonal or to coordinate with the sermon series. She has been a part of a liturgical dance group. She also assists with Silent Saturday events.

Patty is a mighty and loving prayer warrior. She is on the Prayer Team at church and prays with individuals at the end of worship. Patty follows up with people to keep current with their prayer needs. She is a reassuring presence.

Her real gift is connecting with people...church members, friends, people in her community. She seeks out new faces on the patio and in her neighborhood. Patty listens when the Spirit nudges her to make a call or write a note. She lifts our spirits through her positive, encouraging attitude. She stays tuned to the Holy Spirit daily, sometimes hourly prayers. While dealing with her autoimmune issues, she continues to be a supportive presence to all of us. She is a strong woman of God and an example of a true Quiet Disciple.

St. Mark's United Methodist Women Quiet Disciple Honoree – Pam Radar

She returned to St. Mark's in 2012, after many years away from the church. She enjoys being a part of United Methodist Women because the women are kind and helpful. Pam likes being involved in various UMW projects and the Prayer Quilts Ministry and also serves the church as Communion Steward, an usher, church office volunteer, and a member of the Worship Committee. She also helps with Vacation Bible School, the annual yard sale, and making masks for COVID-19 protection. Pam goes about all these projects quietly and cheerfully. St. Mark's United Methodist Women is proud to honor her as our Quiet Disciple for 2020.

Judy Edelblute, St. Mark's UMW President

St. Paul's United Methodist Women Quiet Disciple Honoree – Richard Hayes
Richard is a God sent to our church and the United Methodist Women. If there is a tea party or a mission program scheduled, and we have things that need taken care of, ask Richard, he quietly takes care of the tasks. He is our driver to out-of-town United Methodist Women meetings, the Chairperson of the Trustee Board, Usher, member of the Audio and Video Sound Ministry, a volunteer worker at the Food Pantry, and the Secretary of the United Methodist Men.

Richard has been a faithful member of the church for 15 years. The church is his first home, and his actual residence is his second home.

The San Diego St. Paul United Methodist Women Local Unit nominated Richard Daryle Hayes as our Quiet Disciple Honoree for 2020!

*Lynette Hayes, St. Paul's UMW President*

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**“WOMEN CALLED TO ACT IN LOVE”**

*Dwell in Us, Holy Spirit*

“Together we can watch and care, speak up, stay informed continue in prayer and express our love for God in our service to others and our advocacy for justice.”

By Harriett Jane Olson

keep in touch….. unitedmethodistwomen.org
“Serving Communities in Times of Crisis”

Here we come to relay some news of activities done by our national organization even at the middle of this Covid19 Crisis we are experiencing. Thank you for your continued support that this national mission institutions has been going on and especially at this time when especial need is being called for. I would like to relay to you the good news from our national officer; Christi Campos, that the United Methodist Women-supported national mission institutions are on the frontline serving those communities affected by COVID-19. The Crossroads Urban Center in Salt Lake City, Utah and other national and local mission institution needs us more than ever not just our financial support through our Legacy Fund or one time gift but our prayers and concerns for the safety of our staff. Thank you for all the local organizations that continued supporting other missions in their communities. Continue connecting to our website; unitedmethodistwomen.org, especially now that we can not really gather in meetings and Mission U. Thanks to our “Response” magazine that keeps us informed about our organization. You can also subscribe to "Response” magazine online if you have not done it yet.

Stay safe now and keep the fire going. God Bless.

Your sister in Christ,
Raquel Riingen- Mission Education

[Image]
South District Officers

All officers begin terms at Annual Celebration with the exception of the treasurer who begins on January 1, 2021.

President- Edna Smith
Vice-President- Linda Walden
Secretary- Lynette Hayes
Treasurer- Barbara Simon (Joanna Schwend, effective January 1, 2021)
Program Resources Coordinator- Laura Rothhaar
Chair Committee on Nominations- Jean Hughes
Membership Coordinator- Randa Krakow
Social Action- Raquel Riingen
Communication Coordinator- Shirley Katz
Spiritual Growth Coordinator- Sharmon Davis
Mission Education Coordinator- Open
Spanish Language Coordinator- Open
District Registrar- Barbara Morrison*
Committee on Nomination Members- Shirley Peace  
Helena Sicat  
Three Seats Open

Conference Spiritual Growth- Polly Peterson

* in process of being changed
Cal Pac South District
Gifts & Graces Inventory

Potential Leaders Information Form
(to be completed by potential leader)

Type or Print (attach additional sheets as necessary)

Date: __________

Name: ____________________________________________

Address: ____________________________________________

Telephone: (hm) ________ (wk) ________ (cell) ________

Email: ____________________________________________

Member of Local Church: ________________________________

Age: 20's____ 30's____ 40's____ 50's____ 60's____ 70's____ 80's____

Languages Spoken: ________________________________

Racial/Ethnic Group: ________________________________

Employed: No _____ Part Time _______ Full Time _______

Professional skills, job experience ________________________________

__________________________________________________________________________

Office(s) held in United Methodist Women:

<table>
<thead>
<tr>
<th>Office</th>
<th>Date of Service</th>
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<td>Local</td>
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Jurisdiction

Additional experience—on the local, district, conference or general church level (other than United Methodist Women), or in the community:

__________________________________________________________________________
How will your spiritual journey strengthen your commitment to serve on the District Leadership Team?

Return To:  Jean Hughes
            1270 Cleveland #F-348
            San Diego, CA 92103
            (619) 299-3075  jjeancee@hotmail.com
SOUTH DISTRICT ANNUAL CELEBRATION

Saturday, September 19, 2020
Zoom Annual Celebration

“It’s a New Day”

SPEAKER
Diane Gin, California-Pacific Conference
United Methodist Women President

PROGRAM SCHEDULE

9:30 AM Prayer, Devotion, Praise and Greetings
10:00 AM Reading of the United Methodist Women Purpose
10:05 AM Annual Business Meeting & Installation of Officers
11:00 AM Speaker

Each participant must register in order to have access to the Zoom Annual Celebration Link. This link cannot be forwarded to other individuals. The South District President is the only person authorized to email the link.

INDIVIDUAL REGISTRATION FORM – *Deadline September 14, 2020
(Please print legibly)

NAME_______________________________________________________CHURCH_____________________________________________________

PHONE NUMBER AND EMAIL _________________________________________________________________

In lieu of the registration fee, please send Undesignated Pledge for Mission to the South District Treasurer: Barbara Simon
11814 Paseo Lucido #28,
San Diego, California 92128
*Send Registration form to
South District President: Edna Smith
1924 Crossroads St.,
Chula Vista, California 91915

THIS FORM IS NOT TO BE USED FOR GROUP REGISTRATIONS – ONE ATTENDEE PER FORM

Sometimes music is the only medicine the heart and soul need.
tinybuddha.com
WHO:
North and South District
hosted Conference event (all Districts are welcomed)

WHAT: We will be celebrating Limitless and having a party!

WHEN: Aug 29, 2020 at 7pm PDT

WHERE: Facebook Live at
www.facebook.com/calpacumwlimitless

PS You do not need to have a facebook account to view the event...
just can’t comment
you do not need to sign up or log in

LIMITLESS 2020

During this uncertain time of Covid-19 impacting our time to connect with one another, the young women in each Cal-Pac UMW Districts have been hosting Conference events. Hawaii District hosted the first event on April 18, West District hosted on May 30, East District hosted on June 27, and Conference Limitless held an event on July 25. All events were held as a Facebook Live event which will be viewable for the remainder of the year. Each event was different and had their own unique and wonderful story to tell. Our series will be coming to an end with North and South Districts hosting their Conference event on August 29 at 7pm PDT. (see flyer above)